One Night Town

級數: Easy Improver

編舞者: Gary Samms (UK) - February 2015

音樂: One Night Town (feat. Mat Kearney) - Ingrid Michaelson : (Album: Lights Out iTunes)

(16 Count Intro')

Section 1 - Side, Together, Chasse Right, Cross, Touch, & Heel Ball-Cross.

牆數: 4

- 1-2 Step right to right side, close left next to right.
- 3&4 Step right to right side, close left next to right, step right to right side.
- 5-6 Cross left over right, touch right toe behind left.
- &7 Step down on right, dig left heel to left diagonal
- &8 Step on ball of left, cross right over left. (12 o'clock)

Section 2 – Side Rock ¼ Turn Right, Left Shuffle, Syncopated Jazzbox, Side Step.

- 1-2 Rock left out to left side, recover weight onto right making a quarter turn right.
- 3&4 Shuffle forward left, right, left.
- 5-6 Cross right over left, step left back.
- &7 Step ball of right to right side, cross left over right.
- 8 Step right to right side. (3 o'clock)

Section 3 - Rock Back, Chasse Left With ¼ Turn Right, Rock Back, Hitch Ball-Cross.

- 1-2 Rock back on left, recover weight onto right.
- 3&4 Step left to left side, close right next to left, step left back making a quarter turn right.
- 5-6 Rock back onto right, recover weight onto left.
- 7&8 Hitch right knee, step on ball of right, cross left over right. (6 o'clock)

Section 4 - Monterey ¼ Turn Right, Jazzbox.

- 1-2 Point right to right side, close right next to left making a quarter turn right.
- 3-4 Point left to left side, close left next to right.
- 5-8 Cross right over left, step back on left, step right to right side, cross left over right. (9 o'clock)

Tag (8 Counts).

Danced twice, at the end of wall 3 facing 3 o'clock and again at the end of Wall 6 facing 9 o'clock.

1-8 Repeat Section 4 (Monterey ¼ Turn Right, Jazz Box).

Enjoy!

Contact - E-Mail: linedancecrazyxx@aol.com





拍數: 32