

Sugar, Yes Please

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 0 級數: Intermediate
編舞者: Kathy Brown (USA) & Kim Price - February 2015
音樂: Sugar - Maroon 5 : (CD: V)



#4ct. Intro. Start on the vocals

S1: RIGHT SIDE, LEFT TOGETHER, RIGHT SHUFFLE, LEFT CROSS ROCK, RECOVER, LEFT SHUFFLE 1/4 LEFT

1-2 Step right to side, step left next to right
3&4 Step right to side, step left next to right, step right to side
5-6 Cross rock left over right, recover right
7&8 Step left 1/4 left, step right next to left, step left forward

S2: RIGHT PRESS, HOLD, RIGHT COASTER, LEFT ROCK, RECOVER, LEFT 1/2 SHUFFLE LEFT

1-2 Press right toe forward, hold
3&4 Step right back, step left next to right, step right forward
5-6 Rock left forward, recover right
7&8 Turning 1/2 left step left forward, step right next to left, step left forward

S3: JUMP RIGHT, TOUCH LEFT, CHANGE WEIGHT, JUMP RIGHT, TOUCH LEFT, HOLD, LEFT TURN 1/4, RIGHT 1/2 LEFT, LEFT 1/4 SHUFFLE LEFT

&1-2 Jump right to side (small), touch left next to right, change weight to left
&3-4 Jump right to side (small), touch left next to right, hold
5-6 Step left 1/4 left, turning 1/2 left step right back
7&8 Step left 1/4 left, step right next to left, step left to side

(Easy option for 5-8, Left side, right behind, left side shuffle)

S4: RIGHT ROCK, RECOVER, 1/4 RIGHT COASTER CROSS, LEFT SIDE, HOLD, LEFT CROSSING SHUFFLE

1-2 Rock forward right, recover left
3&4 Step right back turning 1/8 right, step left back turning 1/8 right, cross right over left
5-6 Step left to side, hold
&7&8 Step right next to left, cross left over right, step right to side, cross left over right

S5: RIGHT KICK BALL CROSS, RIGHT SLIDE, LEFT KICK BALL CROSS, LEFT SLIDE

1&2 Kick right, step down right, cross left over right
3-4 Step right to side (large), slide left to right
5&6 Kick left, step down left, cross right over left
7-8 Step left to side (large), slide right to left

S6: RIGHT ROCK, RECOVER, WALK BACK, RIGHT, LEFT, RIGHT COASTER, WALK FORWARD LEFT, RIGHT

1-2 Rock forward right, recover left
3-4 Walk back right, left (Advanced option: full turn right)
5&6 Step right back, step left next to right, step right forward
7-8 Walk forward left, right (Advanced option: full turn left)

S7: LEFT MAMBO, 1/4 RIGHT SYNCOPATED COASTER, REPEAT 1&2, 3&4

1&2 Rock left forward, recover right, step left next to right
3&4 Cross right over left, step left back 1/4 right, step right to side
5&6 Rock left forward, recover right, step left to right
7&8 Cross right over left, step left back 1/4 right, step right to side

**S8: STEP LEFT, RIGHT SIDE POINT, STEP RIGHT, LEFT SIDE POINT, 1/4 LEFT COASTER, RIGHT KICK
BALL CROSS**

1-2 Step left forward, point right to side

3-4 Step right forward, point left to side

5&6 Turning 1/4 left step left back, step right next to left, step left forward

7&8 Kick right forward, step right next to left, cross left over right

Repeat

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