

# Living Out Loud

COPPERKNOB  
BY STEPHEN

拍數: 40      牆數: 4      級數: Improver  
編舞者: Hayley Wheatley (UK) - February 2015  
音樂: Living Out Loud - Aaron Lines : (Album: Love Changes Everything)



Music available From [Aaronlines.com](http://Aaronlines.com)

Please note the dance would fit to the [4.03] version but with a 24 count intro and faster tempo

Intro:- 16 counts

Restarts on walls 3, 4 and 5

## S1: SIDE TOGETHER, FORWARD STEP, MAMBO ¼ TURN, CROSS SIDE, HEEL DIG, BALL, CROSS SHUFFLE

1&2      Step left foot to left side, close right foot next to left, step forward on left foot  
3&4      Rock forward on right foot, recover onto left, step right foot to right side while making ¼ turn right (3:00)  
5&6      Cross left foot over right, step right foot to right side, dig left heel to left diagonal  
&7&8      Step back onto ball of left, cross right foot over left, step left foot to left side, cross right foot over left

## S2: SIDE TOGETHER, STEP BACK, COASTER STEP, LEFT SHUFFLE FORWARD, CHASE TURN LEFT

1&2      Step left foot to left side, close right foot next to left, step back on left foot  
3&4      Step back on right foot, step left foot right to right, step forward on right foot  
5&6      Step forward on left foot, step right foot next to left, step forward on left foot  
7&8      Step forward on right foot, pivot ½ turn over left shoulder, step forward on right foot (9:00)

## S3: FORWARD ROCK, SIDE ROCK, SAILOR STEP, DIAGONAL ROCKING CHAIR, CROSS SHUFFLE

1 &2&      Rock forward onto left foot, recover onto right, rock left foot to left side, recover onto right  
3&4      Step left foot behind right, step right foot to right side, step forward on left foot on a slight diagonal (7.30)  
5&6&      Rock forward on right foot, recover onto left, rock back on right foot, recover onto left  
7&8      Cross right foot over left, step left foot to left side, cross right foot over left

## S4: KICK BALL CROSS, POINT TOE OUT, IN, OUT, BEHIND SIDE CROSS, ROCK AND CROSS

1&2      Kick left foot forward, step back onto ball of left foot (while straightening up to 9:00), cross right foot over left  
3&4      Point left toe to left side, touch left toe next to right, point left toe to left side  
5&6      Step left foot behind right, step right foot to right side, cross left foot over right  
7&8      Rock right foot to right side, recover onto left foot, cross right foot over left Restart here on wall 4

## S5: ROCK AND CROSS, SHUFFLE ¼ TURN, ¾ WALK AROUND

1&2      Rock left foot to left side, recover onto right, cross left foot over right  
3&4      Step right foot to right side, step left foot next to right, step right foot to right side making ¼ turn right (12:00) Restart here on walls 3 and 5  
5,6,7,8      Walk left, right, left, right completing ¾ turn (facing 9:00)

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