

Doors of Life (Beg)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Beginner waltz
編舞者: Claire Denney (CAN) - February 2015
音樂: A Door of the Life - Mariya Takeuchi



Michael Barr has an intermediate/Advanced dance to this music and the beginner level is an excellent option for a floor split & bring Michael's dance back

Intro: 64 Counts

S1: Cross Twinkle Left & Right

1 - 2 - 3 Cross step L. over R., Step R. beside L., Step L. beside R.

4 - 5 - 6 Cross step R. over L. Step L. beside R., Step R. beside L.

S2: Waltz Forward & Back

1 - 2 - 3 Step L. forward, Step R. beside L. Step L. beside R.

4 - 5 - 6 Step R. back Step L. beside R., Step R. beside L.

S3: Back Twinkle Left & Right

1 - 2 - 3 Step L. behind R., Step R. beside L., Step L. beside R.

4 - 5 - 6 Step R. behind L., Step L. beside R., Step R. beside L.

S4: Waltz Forward & Back

1 - 2 - 3 Step L. forward, Step R. beside L., Step L. beside R.

4 - 5 - 6 Step R. back, Step L. beside R., Step R. beside L.

S5: Box Waltz**

1 - 2 - 3 L. step forward, R. step right, L. step beside R.

4 - 5 - 6 R. step back, L. step left, R. step beside L.

S6: Waltz 1/4 Turn Left & Waltz Back

1 - 2 - 3 L. step 1/4 forward left, R. step beside L. L. step beside R. (9:00)

4 - 5 - 6 R. step back, L. step beside R., R. step beside L.

S7: Box Waltz

1 - 2 - 3 L. step forward, R. step right, L. step beside R.

4 - 5 - 6 R. step back, L. step left, R. step beside L.

S8: Waltz 1/4 Turn Left & Waltz Back

1 - 2 - 3 L. step 1/4 forward left, R. step beside L., L. step beside R. (6:00)

4 - 5 - 6 R. step back, L. step beside R., R. step beside L.

****The dance will finish at the front after the first box waltz...Strike a pose**

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