

Alone Again

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Kim Liebsch (DK) - February 2015
音樂: Alone Again (Naturally) - Diana Krall & Michael Bublé



Intro: 8 counts after 1st beat(appr. 6 seconds)- Start with weight on L foot

Restart: on wall 6 after count 20 & *

Ending: After count 4 &, cross R over L make ½ unwind

#1 section: □ Step back with sweep, behind side cross, recover side cross, 3 X run diagonal, rock recover □

1 Step back on R while sweeping L □ 12:00
2&3 Cross L behind R, step R to R side, cross L over R □ 12:00
4&5 Recover on R, step L to L side, cross R over L □ 12:00
6&7 Run L, run R, run L diagonal □ 11:00
8& Rock fw. on R, recover on L □ 5:00

#2 section: □ ½ turn diagonal, prissy walk X 2, step ½ turn ¼ turn point, full turn sweep, cross side □

1 Make ½ turn R stepping fw on R diagonal □ 5:00
2-3 Walk L, walk R diagonal □ 5:00
4&5 Step fw. on L, make ½ turn R stepping fw. on R, make ¼ turn R while pointing L to L side
1:00
6&7 Step down on L, make ½ turn L stepping back on R, make ½ turn L stepping fw. on L while
sweeping R 1/8 □ 9:00
8& Cross R over L, step L to L side □ 9:00

#3 section: □ Cross, basic L, basic R with step fw. step ½ turn step, full turn □

1 Cross R over L □ 9:00
2&3 Step L to L side, close R behind L, cross L over R □ 9:00
4&5 Step R to R side, close L behind R*, step fw. on R □ 9:00
6&7 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L □ 3:00
8& Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L □ 3:00

#4 section: □ Step side, behind ¼ turn X 2, sailor ½ turn, step fw. full turn, rock recover □

1 Step R to R side □ 3:00
2&3 Cross L behind R, make ¼ turn R stepping fw. on R, make ¼ turn R stepping L to L side
9:00
4&5 Sweep/cross R behind L, ½ turning R stepping L to L side, step R to R side □ 3:00
6&7 Step fw. on L, make ½ turn L stepping back on R, make ½ turn L stepping fw. on L □ 3:00
8& Rock fw. on R, recover on L □ 3:00