

Best Year

拍數: 64 牆數: 2 級數: High Improver
編舞者: Audrey Watson (SCO) - February 2015
音樂: Best Year - Callaghan : (iTunes)



#16 Count Intro

Section One: Full Turning Vine.

- 1-2 Step right to right side, cross left behind right.
- 3-4 Turn $\frac{1}{4}$ right stepping fwd on right, step fwd on left.
- 5-6 Turn $\frac{1}{2}$ right step on right, turn $\frac{1}{4}$ right stepping left to left side,
- 7-8 Cross right behind left, step left to left side.

Section Two: Rocking Chair, Step $\frac{1}{2}$ Turn, Back Rock.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock back on right, recover fwd on left.
- 5-6 Step fwd on right, pivot $\frac{1}{2}$ turn right stepping back on left.
- 7-8 Rock back on right, recover fwd on left. Restart from beginning on Wall 3

Section Three: $\frac{1}{2}$ Turn Monterey, Chasse Touch.

- 1-2 Point right to right side, on ball of left turn $\frac{1}{2}$ right stepping right next left.
- 3-4 Point left toe to left side, step left next right.
- 5-6 Step right to right side, close left next right.
- 7-8 Step right to right side, touch left next right.

Section Four: Side Touch x 2, Grapevine Scuff.

- 1-2 Step left to left side, touch right next left.
- 3-4 Step right to right side, touch left next right.
- 5-6 Step left to left side, step right behind left.
- 7-8 Step left to left side, scuff right across left.

Section Five: Crossing Toe Strut, $\frac{1}{4}$ Turn, Crossing Toe Strut, Side Rock.

- 1-2 Cross right toe over left foot, drop heel to floor.
- 3-4 Turn $\frac{1}{4}$ right stepping back on left, step right to right side.
- 5-6 Cross left toe over right foot, drop heel to floor.
- 7-8 Rock right to right side, recover on left.

Section Six: Back Rock $\frac{1}{2}$ Turn, Jazz Box Cross.

- 1-2 Rock back on right, recover weight fwd on left.
- 3-4 Turn $\frac{1}{4}$ left stepping back on right, turn $\frac{1}{4}$ left stepping left to left side.
- 5-6 Cross right over left, step back on left.
- 7-8 Step right to right side, cross left over right.

Section Seven: Rock Hitch $\frac{1}{2}$ Turn, Rock Hitch $\frac{1}{4}$ Turn.

- 1-2 Rock right to right side, rock left to left side.
- 3-4 Turn $\frac{1}{4}$ stepping fwd on right, turn $\frac{1}{4}$ right hitching left knee.
- 4-5 Rock left to left side, rock right to right side.
- 7-8 Turn $\frac{1}{4}$ left stepping fwd on left, hitch right knee. Restart from beginning on Wall 6

Section Eight: Step $\frac{1}{2}$ Turn Step Lock, Step Step Lock Step.

- 1-2 Step fwd right, pivot $\frac{1}{2}$ turn left.
- 3-4 Step fwd on right, lock left behind right.

5-6 Step fwd on right, step fwd on left.
7-8 Lock right behind left, step fwd on left.

**Finish: The dance will finish at the end of Section One
Just cross unwind $\frac{1}{2}$ turn to finish facing the front.**
