Stronger



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Betty Moses (USA) - February 2015

音樂: Stronger (What Doesn't Kill You) - Kelly Clarkson



Count In: 16 counts - Sequence: 64-Tag-64-48-64-48

Γ	1-81	I WALK R – L	., TRIPLE FORWARD	. ROCK/RECOVER	. COASTER/CROSS

1 2 Step forward on R, Step forward on L

3&4 Triple forward R-L-R

5 6 Rock forward on L, Recover on R

7&8 Step back on L, Step back on R, Cross L over R

[9-16] STEP, HOLD, BALL/CROSS STEP, SAILOR 1/4 TURN, PIVOT 1/2 TURN

1-2 Step R to side (1), hold (2)

&3-4 Step on L ball(&), Cross R over L (3), step L to side (4)

5&6 Make ¼ stepping R behind L, Step L to side, Step R forward 3:00

7-8 Step L forward, Pivot ½ right 9:00

[17-24] STEP/HOLD, BALL/STEP-STEP, ROCKING CHAIR

Step L Hold, Step ball of R next L, Step L to side, Step R next to L
 Rock forward L, Recover on R, Rock back on L, Recover on R

[25-32] WALK L-R, TRIPLE FORWARD, ROCK/RECOVER, COASTER/CROSS

1-2 Step forward on L, Step forward o R

3&4 Triple forward L-R-L

5-6 Rock Forward on R, Recover on L

7&8 Step back on R, Step Back on L, Cross R over L

[33-40] SIDE ROCK, FORWARD ROCK, BACK ROCK, PIVOT ½ TURN

1-2 Rock L to side, Recover on R
3-4 Rock L forward, Recover on R
5-6 Rock back on L, Recover on R
7-8 Step forward on L, Pivot ½ right 3.00

[41-48] SYNCOPATED WEAVE, 1/4 CHASE TURN

1-2 Step Lett to side, Cross R behind L

83-4 Step L to side, Cross R over L, Step L to side
586 Cross R behind L, Step L to side, Cross R over L
788 Step L to side, Turn ¼ R, Step forward on L 6:00

[49-56]□KICK & POINT, KICK & POINT, TRIPLE FORWARD, TRIPLE FORWARD

1&2 Kick R forward, Step down on R, Point L to side3&4 Kick L forward, Step down on L, Point R to side

5&6 Triple forward R-LR7&8 Triple forward L-R-L

[57-64]□ROCK/RECOVER, COASTER, ROCK/RECOVER, COASTER

1-2 Rock forward on R, Recover on L

3&4 Step back on R, Step back on L, Step forward on R

3-4 Rock forward on L, Recover on R

7&8 Step back on L, Step back on R, Step forward on R

TAG: AT THE END OF WALL 1:

Step forward on R, Pivot ½ left, Step forward on R, Pivot ½ left

(Non-turning Option: Rocking Chair)

The dance will at the back at the end of wall 7. To complete the dance facing the front wall dance the first 46 counts of the dance.

On 7&8 pivot right turning 1 full turn on the ball of the right foot – TA-DA!

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