

# I've Come Along A Long Long Way

**COPPER KNOB**  
STEP SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jean LW LeQUEUX (FR) - February 2015  
音樂: My Maria - Brooks & Dunn



RF: right foot; LF: left foot; LA: legs apart; FT: feet together; WoRF: weight on RF; WoLF: weight on LF

Start with lyrics: WoLF

## SECTION I: START WITH LYRICS SIDE CHASSÉ, ROCK STEP, TWICE (ONCE EACH SIDE)

1&2      Right side chassé  
3-4      Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)  
5&6      Left side chassé  
7-8      Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

## SECTION II: CHASSÉ, NEW YORK; TWICE (ONCE EACH SIDE)

1&2      Right side chassé  
3-4      ¼ turn right (open arms), rock step LF forward, ¼ turn left (close arms)  
5&6      Left side chassé  
7-8      ¼ turn left (open arms), rock step RF forward, ¼ turn right (close arms)

## SECTION III: SIDE CHASSÉ, ROCK STEP, ¼ TURN CHASSÉ ON RIGHT, ROCK STEP

1&2      Right side chassé  
3-4      Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)  
5&6      ¼ turn chassé on right: LF back ¼ turn right, RF near left, LF left  
7-8      Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

## SECTION IV: SIDE CHASSÉ, SPOT TURN; TWICE (ONCE EACH SIDE)

1&2      Right side chassé  
3-4      Spot turn (full 360° turn) right  
5&6      Left side chassé  
7-8      Spot turn (full 360° turn) left

DO IT AGAIN, FOLKS!

Date: 2015/02/12 - Jean Louis Lequeux Step Sheets –  
<http://www.weltram.eu/Pages/CountryandLineDance.aspx>  
Contact: [jean\\_lw\\_lequeux@yahoo.com](mailto:jean_lw_lequeux@yahoo.com)