

I've Come Along A Long Long Way

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jean LW LeQUEUX (FR) - February 2015
音樂: My Maria - Brooks & Dunn



RF: right foot; LF: left foot; LA: legs apart; FT: feet together; WoRF: weight on RF; WoLF: weight on LF

Start with lyrics: WoLF

SECTION I: START WITH LYRICS SIDE CHASSÉ, ROCK STEP, TWICE (ONCE EACH SIDE)

1&2 Right side chassé
3-4 Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)
5&6 Left side chassé
7-8 Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

SECTION II: CHASSÉ, NEW YORK; TWICE (ONCE EACH SIDE)

1&2 Right side chassé
3-4 ¼ turn right (open arms), rock step LF forward, ¼ turn left (close arms)
5&6 Left side chassé
7-8 ¼ turn left (open arms), rock step RF forward, ¼ turn right (close arms)

SECTION III: SIDE CHASSÉ, ROCK STEP, ¼ TURN CHASSÉ ON RIGHT, ROCK STEP

1&2 Right side chassé
3-4 Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)
5&6 ¼ turn chassé on right: LF back ¼ turn right, RF near left, LF left
7-8 Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

SECTION IV: SIDE CHASSÉ, SPOT TURN; TWICE (ONCE EACH SIDE)

1&2 Right side chassé
3-4 Spot turn (full 360° turn) right
5&6 Left side chassé
7-8 Spot turn (full 360° turn) left

DO IT AGAIN, FOLKS!

Date: 2015/02/12 - Jean Louis Lequeux Step Sheets –
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