

Absolute EZ Waltz

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Absolute Beginner
編舞者: Juliet Lam (USA) - February 2015
音樂: One Day When We Were Young - Jane Zhang (張靚穎)



Intro: 24 count, start on Vocals

This dance can be done to all different tempos, please try it to your favorite songs.

Sec 1: Basic Forward Waltz, Basic Back Waltz

1-3 Step forward on right, step left next to right, step right next to left
4-6 Step back on left, step right next to left, step left next to right

Sec 2: Cross Point, Hold, Cross Point, Hold

1-3 Cross right over left, point left toe to the left side, hold
4-6 Cross left over right, point right toe to right side, hold

Sec 3: Step Forward, Drag, Kick, Back, Drag, Hitch

1-3 Step right forward, drag left leg towards right, kick left forward
4-6 Step back on left, drag right towards left, hitch right knee

Sec 4: Sway Right, Hold, Sway Left, Hold

1-3 Step right foot to right and sway right, hold 2 counts
4-6 Sway left, hold 2 counts (weight on left)

Turn ¼ R (3:00), making this your new wall and start the dance from the top with "Basic Forward Waltz, Basic Back Waltz"

Repeat & Enjoy

Contact: hsiaoll168@gmail.com