

Samba Amor

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Jenifer Wolf (CAN) - February 2015
音樂: Mama Africa (Single Edit) - Two In One : (Album: Mama Africa)



Intro; start with heavy vocal - CW□

(A) □ STEP FORWARD x 3, KICK, STEP BACK x3, TOUCH

1-2 Step left foot forward, Step right foot forward
3-4 Step left foot forward, Kick right foot forward
5-6 Step right foot back, Step left foot back
7-8 Step right foot back, Touch left foot to left side and slightly back

(B) □ STEP, MODIFIED ¼ TURN MONTEREYS

1-2 Step left foot beside right foot, Touch right foot to right side
3-4 Turn ¼ right onto right foot, Touch left foot to left side
5-6 Step left foot beside right foot. Touch right foot to right side
7-8 Turn ¼ right onto right foot. Touch left foot to left side

(C) □ CROSSING SAMBA, ROCK, REPLACE, STEP BACK, COASTER

1&2 Cross left foot over in front of right foot, Step right foot to right side, Step left foot in place
3&4 Cross right foot over in front of left foot, Step left foot to left side, Step right foot in place
5&6 Rock left foot forward, Step right foot in place, Step left foot back
7&8 Step right foot back, Step left foot beside right foot, Step right foot forward

(D) □ FOUR R. CROSS OVERS, FOUR L. CROSS OVERS, TURN ¼ L.

1&2 Cross left foot over in front of right foot, Step right foot to right side, Cross left foot over in front of right foot.
&3 Step right foot to right side, Cross left foot over in front of right foot.
&4 Step right foot to right side, Cross left foot over in front of right foot
5&6 Cross right foot over in front of left foot, Step left foot to left side, Cross right foot over in front of left foot.
&7 Step left foot to left side, Cross right foot over in front of left foot
&8 Step left foot to left side, Cross right foot over in front of left foot
(weight ends on right foot)

To start the dance again turn ¼ left onto left foot for count 1

Begin Again

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