

# Between The Bars

COPPER KNOB  
STEP SHEETS

拍數: 48      牆數: 2      級數: Intermediate / Advanced  
編舞者: Brandi Gross (USA) - February 2015  
音樂: Between the Bars - The Civil Wars



## Intro-24 counts

### [1-6] TWINKLE, 3/4 TURN

1 – 3      Cross R over L (1), Rock L out to L (2), Recover onto R (3)  
4 – 6      Cross L over R (4), Turn ¼ L stepping back on R (5) Turn ½ L stepping forward on L (6)  
(3:00)

### [7-12] STEP, ¼ SWEEPING HITCH TURN, CROSS, SIDE, BEHIND

1 – 3      Step R forward (1), Step L forward as sweeping R into a hitch turning ¼ L (2-3) (12:00)  
4 – 6      Step R down across L (4), Step L to L side (5), Cross R behind L (6)

### [13-18] ¼ R TURN STEP AND DRAG, BALL, ¼ STEP L, CROSS, SIDE, BEHIND

1 – 2      Turn ¼ R taking a big step back on L as push both hands forward (1) drag R ft (2) (3:00)  
3 &      Step ball of R next to L (3), Turn ¼ L stepping L to L side (&) (12:00)  
4 – 6      Cross R over L (4), Step L to L side (5), Cross R behind L (6)

### [19-24] STEP WITH HAND MOTIONS, R FULL TURN WITH R TURNED OUT HITCH, STEP, BALL

1      Step L to L side as reach L hand and arm across chest to R diagonal with fingers up (1)  
2 – 3      Move L hand to L diagonal with fingers up (2), Grab L wrist overhanded with R keeping R  
elbow out (3) (10:30)  
4      Make a full turn over R on ball of L hitching R up with knee turned out (10:30)  
5 – 6      Dropping arms step forward on R, Step ball of L close behind R turning 1/8 R (12:00)

### [25-30] STEP 3/8 AND SWEEP, STEP, STEP, TOGETHER WITH SHOULDERS AND HEAD MOTION

1 – 3      Turn 3/8 R stepping R forward while sweeping L (1-2), Step L forward (3) (4:30)  
4 – 6      Step R forward (4), Step L next to R and drop R shoulder forward (5), Drop L shoulder  
forward while dropping head (6)

### [31-36] STEP, STEP, ¼ L STEP, 3/8 STEP WITH HAND MOTIONS, HITCH

1 – 3      Step R back lifting up head & shoulders bringing hands to chest (1), Step L back (2), Step R  
back turning ¼ L (3) (1:30)  
4      Turn 3/8 L stepping L fwd while lifting L arm to upward diagonal leading with top of wrist (4)  
(9:00)  
5      Leading with top of wrist bring R arm up next to L (5)  
6      Hitch right knee in toward chest bringing arms in to meet knee (6)

### [37-42] EXTEND R LEG, ½ TURN, STEP, BEGIN PARTIAL DIAMOND

1      Extend R leg at downward angle and rotate ½ over R shoulder keeping leg up (1) (3:00)  
2 – 3      Step R forward (2), Step L forward (3)  
4 – 6      Sweep R to front (4) Cross R over L (5) Step L to back L diagonal turning 1/8 R (6) (4:30)

### [43-48] COMPLETE PARTIAL DIAMOND, FULL TURN

1 – 3      Step back on R (1), Step back on L turning 1/8 R (2), Step R forward (3) (6:00)  
4 – 6      Step L forward prepping for turn (4), Full turn L on ball of L dragging R toe (5-6) (6:00)

No Tags, No Restarts  
Enjoy!

Please do not alter this step sheet in any way.

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