All You Had To Do Was Stay



拍數: 80 牆數: 4 級數: Phrased Low Intermediate

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音樂: All You Had To Do Was Stay - Taylor Swift



Sequence: A-B-C A-B-C -B-B (C-final)

A-32 counts

[1-8] Rock step, coaster step, rock step, shuffle 1\2 turn R

1-2 Rock left forward, back to R

3&4 Left foot back, Right beside left, left forward

5-6 Rock Right forward, back to L
7&8 Shuffle 1\2 turn R (RLR) (6 oclock)

[9-16] Repeat 1-8 (12 oclock)

[17-24] Side rock, behind side cross, side rock, behind side cross

1-2 Side rock left, return to right

3&4 Cross Left behind right, Right to R, Left cross in front of right

5-8 Repeat 1-4 from right side

[25-32] Side, behind, shuffle 1\4 turn L, step, pivot 1\2 turn L, shuffle forward

1-2 Left foot to L, right cross behind left

3&4 Shuffle 1\4 turn L (LRL)

5-6 Right foot forward, pivot 1\2 turn L 7&8 Shuffle forward (RLR) (3 oclock)

B-32 counts

[1-8] Step, Sweep, Shuffle (X2)

1-2 left crosses slightly in front of R, sweep R from back to front

3 & 4 Right forward, left beside R, right forward

5-8 Repeat 1-4

[9-16] Rock Step, Shuffle 1/2 Turn Left, Step, Pivot 1/2 Turn Left, Step, Pivot

1-2 Rock left forward, return on r

3 & 4 Left foot to left 1/4 turn L, right foot beside left, left forward 1/4 turn left

5-6 Right forward, pivot 1/2 turn left

7 & 8 Right forward, pivot 1/4 turn left, cross R in front of left (12 oclock)

[17-24] Step, Slide With Touch, Weave (X2)

1-2 Left to left, slide R beside left ending with a touch3 & 4 Right cross behind L, left to L, right cross in front of L

5-6 Repeat 1-4

[25-32] Step, Together, Weave, Large Step, Shuffle Forward

1-2 Left to left, right beside left (weight on R)

3 & 4 Left cross behind right, right to right, left cross in front R

5-6 large step to right, left beside right

7 & 8 Right forward, left beside R, right forward

C-16 counts

[1-8] Walk, Walk, Mambo, Walk Backward, Step Together, Step

1-2 Right forward, left forward

5-6	Right back, left back
7 & 8	Right to R, left beside R, right forward
[9-16] Step, Pivot 1/2 Turn Right, Shuffle, Step, Pivot 1/2 Turn Left, Step, Pivot 1/4 Turn Step	
1-2	Left forward, pivot 1/2 right
3 & 4	Left forward, right beside left, left forward
5-6	Right forward, pivot 1/2 turn left

Right forward, pivot 1/4 left, right forward (9 oclock)

Rock left forward, return on right back, left back

Final: You end with B but on 7 & 8 of the last sequence, you do a 1/2 turn left instead on 1/4 turn left. You'll end up on the starting wall.

Enjoy!

7 & 8

3 & 4

Last Update - 8th Jan. 2018