

Love Is A Waste of Time

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Meiske Pamaputera (INA) - March 2015
音樂: Love Is a Waste of Time - Sonu Nigam & Shreya Ghoshal : (from the movie PK)



Note : The music is energetic , my students watch the movie after learning this.

Intro : 32 starts on Vocal.

Restart : On Wall 5 after 16 count (12:00) & on Wall 8 after 16 count (09:00)

Tag : After wall 3 (09:00) & wall 6 (06:00)

To end face 12:00, ¼ turn left on count 5-8 & Finish with Step Forward Right

S1: Pop Right knee, Hold, Pop left Knee , Hold, Pop 3x, Hold

1-4 Push Right Knee forward, hold, Push Left Knee forward, hold

5-8 Push forward Right, Left, Right Knee, Hold

For Style: Your shoulder up & down

****To end face 12:00, ¼ turn left on count 5-8 & Finish with Step Forward Right**

S2: Toe Heel forward 4 times

1-4 Forward Right Toe, Right Heel down, Forward Left Toe, Left Heel down

5-8 Forward Right Toe, Right Heel down, Forward Left Toe, Left Heel down

***Restart here on Wall 5 (12:00) & on Wall 8 (09:00)**

S3: Right touch diagonal, Side, Back, Step Side.

1-4 Right touch diagonal Left, Hold, Right touch side, Hold

5-8 Right touch cross back, Hold, Right step to Right

For Style: Use arms same direction

S4: Left touch diagonal, Side, Back, Side, Step

1-4 Left touch diagonal Right, Hold, Left touch side, Hold.

5-8 Left touch cross back, Hold, Left step to Left

S5: Vine Right, Brush, Vine Left, Brush

1-4 Step Right to Right, Cross Left behind Right, Right step side, Brush Left, fwd

5-8 Step Left to Left, Cross Right behind Left, Left step side, Brush Right, fwd

S6: 2 Jazz Boxes

1-4 Cross Right, Left step back, Right step to Right, Brush Left forward.

5-8 Cross Left, Right step back, Left step to Left, Brush Right forward.

S7: Forward Right , ½ Turn Left, Forward Right, ¼ Turn Left, Shake hips R, L, R L

1-4 Right step forward, ½ Turn Left, Right step forward, ¼ Turn Left (03:00)

5-8 Shake hips Right, Left, Right, Left

S8: Charleston Step

1-4 Right touch forward, Hold, Right step back, Hold

5-8 Left touch back, Hold, Left step forward, Hold

Enjoy the dance.

If you need the song contact at : meiske212@yahoo.com - www.sagitadance.com,