

# Lay Low (L/P)

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 0  
編舞者: Tim Schalch - February 2015  
音樂: Lay Low - Josh Turner

級數: Beginner (Optional Partner Dance)



(Start on Vocals)

**[1-8] □ R rocking Chair, R step ½ turn, R step ½ turn**

1-2            R rock FWD, Recover back L  
3-4            R rock back, recover FWD L  
5-6            Step R FWD, pivot ½ turn  
7-8            Step R FWD, pivot ½ turn

**[9-16] □ R Step Lock Step Scuff, L Step Lock Step Scuff**

1-2            Step FWD R, L touch behind R  
3-4            Step FWD R, L scuff  
5-6            Step FWD L, R touch behind L  
7-8            Step FWD L, R scuff

**[17-24] □ R shuffle, ¼ turn L side shuffle, ¼ turn R back shuffle, L back shuffle**

1&2            Shuffle FWD RLR  
3&4            ¼ turn side shuffle LRL  
5&6            ¼ turn back shuffle RLR  
7&8            Shuffle back LRL

**[25-32] □ Back Rock Recover, Step ½ turn, Step R Hold, Step L, Hold**

1-2            Step back R, recover FWD L  
3-4            Step R FWD, pivot ½ turn L  
5-6            Step R, HOLD (shimmy)  
7-8            Step L, HOLD (shimmy)

**REPEAT**

**OPTIONAL PARTNER DANCE – WATCH VIDEO FOR INSTRUCTION – STEPS ARE ESSENTIALLY THE SAME WITH A COUPLE OF TIPS FOR THE MEN WITH TURNS IN THE BEGINNING OF THE DANCE.**

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