

Jungle Pole Dance

COPPER KNOB
STEPSHEETS

拍數: 96
編舞者: Magic David - January 2015
音樂: Tarzan & Jane - Toy-Box

牆數: 1

級數: Phrased Intermediate



****Thank you to Francis Marchio for his help and all the crazy & happy Friday's Band****

Sequence: AAB Tag AABC Tag AABC Final
Start dancing after intro (and first Tarzan yell)

Part A (32 counts):

A1: SKATE x4, SIDE & CROSS, TRIPLE LOCK

1-4 Skate L, skate R, skate L, skate R
5&6 Step Lf to L side, step Rf next to Lf, cross Lf over Rf
7&8 Step Rf forward, lock Lf behind, step Rf forward

A2: BUMP & CROSS x2, MONTEREY ¼ LEFT

1&2 Bump Lf to L side, step Rf next to Lf, cross Lf over Rf
3&4 Bump Rf to L side, step Lf next to Rf, cross Rf over Lf
5 Touch L toe to L side
6 Turning ¼ left step Lf together
7 Touch R toe to R side
8 Step Rf together

A3: TRIPLE, SWAY x3, ¼ LEFT SAILOR STEP, FULL TURN L

1&2 Step Lf forward, step Rf next to Lf, step Lf forward
3&4 Step Rf to R side (swaying hips to R), sway hips L, sway hips R
5&6 Make a ¼ turn L and Cross Lf behind Rf, close Rf next to Lf, step Lf to L side
7-8 Make a ½ turn L and step back on Rf, make a ½ turn L and step forward on Lf

A4: WIZARD (DOROTHY) STEPS, ¼ RIGHT JAZZ BOX WITH ¼ RIGHT TRIPLE

1-2& Step Rf diagonally forward, lock Lf behind, step Rf diagonally forward
3-4& Step Lf diagonally forward, lock Rf behind, step Lf diagonally forward
5-6 Cross Rf over Lf, make ¼ turn right stepping back left
7&8 Make ¼ turn right stepping Rf forward, step Lf next to Rf, step Rf forward (to right side)

Part B (32 counts):

B1: OUT x2, BACK IN x2, POINT BACK, PIVOT ½ TURN LEFT, PIVOT ½ TURN LEFT

1-2 Step left forward and out to left diagonal, step right forward and out to right diagonal
3-4 Step left back and in, step right back and in
5-6 Point Lf back, 1/2 pivot turn L
7-8 Step forward on Rf, 1/2 pivot turn L

B2: 1/8 RIGHT TRIPLE x2, 1/8 LEFT TRIPLE x2

1&2 Step Rf diagonally forward, step Lf next to Rf, step Rf diagonally forward (1:30)
&3&4 Step Lf diagonally forward, step Rf next to Lf, step Lf diagonally forward (1:30)
&5&6 Step Rf diagonally forward, step Lf next to Rf, step Rf diagonally forward (10:30)
&7&8 Step Lf diagonally forward, step Rf next to Lf, step Lf diagonally forward (10:30)

B3: ROCKING CHAIR, ¼ LEFT PADDLE TURN x2

1-4 Rock forward on Rf, recover onto Lf, rock back on Rf, recover onto Lf
5-8 Touch right toe forward and paddle ¼ turn left, take weight on left, touch right toe forward and paddle ¼ turn left, take weight on left

B4: 1/8 RIGHT TRIPLE x2, 1/2 LEFT TURN (IN FOUR STEPS)

- 1&2 Step Rf diagonally forward, step Lf next to Rf, step Rf diagonally forward (7:30)
&3&4 Step Lf diagonally forward, step Rf next to Lf, step Lf diagonally forward (7:30)
5-8 Male 1/2 turn left in four steps like you ride an elephant (12:00)

TAG: When you hear the Tarzan yell (after first B part and first C part)

- 1-4 Place your hands around your mouth as you make the Tarzan yell (weight on the Rf)

Part C (Funky Part – 32 counts):**C1: ROLLING GRAPEVINE RIGHT WITH SCUFF, MANBO CROSS x2**

- 1-4 Make 1/4 turn right stepping forward right, make 1/2 turn right stepping back left, make 1/4 turn right stepping right to side, scuff Lf
5&6 Cross Lf over Rf, recover, step Lf to L side
7&8 Cross Rf over Lf, recover, step Rf to R side

C2: CHEST PUMPS FWD x4, BODY ROLL L, BODY ROLL R

- 1-4 Pump chest forward 4 times
5-6 Step Lf to left side and roll body to left
7-8 Roll body to right

C3: ROLLING GRAPEVINE LEFT WITH SCUFF, MANBO CROSS x2

- 1-4 Make 1/4 turn left stepping forward left, make 1/2 turn left stepping back right, make □1/4 turn left stepping left to side, scuff Rf
5&6 Cross Rf over Lf, recover, step Rf to R side
7&8 Cross Lf over Rf, recover, step Lf to L side

C4: CHEST PUMPS FWD x4, BODY ROLL L, BODY ROLL R

- 1-4 Pump chest forward 4 times
5-6 Step Lf to left side and roll body to left
7-8 Roll body to right

FINAL: CROSS, HOLD, 1/8 RIGHT STEP, HOLD, CROSS, 1/2 TURN RIGHT, PIVOT 1/2 TURN RIGHT

- 1-2 Cross Lf over Rf, hold
3-4 Step Rf diagonally forward, hold
5-6 Cross Lf over Rf, make 1/2 turn right
7&8 Step Lf diagonally forward, make 1/2 turn right & throw your thumbs in the air

HAVE FUN!

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