

Latin Rumba

拍數: 56 牆數: 1 級數: Beginner
編舞者: Liew Peng Wah (MY) - January 2015
音樂: La Paloma by Trio Los Panchos y Mari Trini



Intro: □ Start the dance on vocal (after 5 X 8 = 40 counts)

S1. FORWARD ROCK RECOVER, TOGETHER; BACK ROCK RECOVER, TOGETHER

1-4 Step L forward, Recover onto R, Step L beside R, Hold
5-8 Step R back, recover onto L, step R beside L, Hold

S2, FORWARD, ¼ TURN LEFT, BACK; TOGETHER, WALK, WALK

1-4 Step L forward, ¼ turn L stepping R to R side, step L back, Hold
5-8 Step R beside L, 2 forward walks L,R, Hold

S3. FORWARD, 1/2 TURN L, BACK; TOGETHER, WALK, WALK

1-4 Step L forward, Step R forward and pivot ½ turn L, step L back, Hold
5-8 Step R beside L, 2 forward walks L,R, Hold (3.00)

S4, FORWARD, ¼ TURN L, BACK; BACK ROCK CROSS

1-4 Step L forward, ¼ turn L stepping R to R side, Step L back, Hold (12.00)
5-8 Step R back, Recover onto L, Cross step R over L, Hold

S5, SIDE ROCK BACK; BACK ROCK CROSS

1-3 Step L to L side, Recover onto R, Step L back, Hold
5-8 Step R back, Recover onto L, Cross step R over L, Hold

S6, SIDE ROCK BACK; BACK ROCK CROSS

1-4 Step L to L side, Recover onto R, Step L back, Hold
5-8 Step R back, Recover onto L, Cross step R over L, Hold

S7, SIDE ROCK TOGETHER LEFT; SIDE ROCK TOGETHER RIGHT

1-4 Step L to L side, Recover onto R, Step L beside R, Hold
5-8 Step R to R side; Recover onto L, Step R beside L, Hold

REPEAT DANCE. Dance will end at the end of S4 FACING 12.00

NO TAGS. □ NO RESTARTS

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