

Sing Louder

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Earleen Wolford (USA) - February 2015
音樂: Sing - Ed Sheeran : (Single - iTunes)



For song 'SING', you Start dance about 16 counts in,
When he sings 'It's late in the evening' you Start on the word 'Evening'

Other music: Hey Y'all by Cole Swindell , Blank Space by Taylor Swift, all music available on iTunes

S1: R LOCK STEP BACK-R/L/R, ROCK L BACK, RECOVER, SLIGHT BIG STEP L, DRAG R, STEP OUT R, HOLD

1&2 R Lock Step back: Step R back (1), Cross L in front of R (&), Step R back (2)
3, 4 Rock L back (3), Recover on R (4)
5, 6 Step L slightly big to L (5), Drag R toe next to L (6)
&7, 8 Slightly lift R knee up (&), Step R out to R (7), Hold (8), keep weight on R to get ready for &
Count below (12:00)

S2: & L BALL, STEP R IN FRONT OF L, LIFT HEELS 3X ½ TURN L , ROCK R TO R, RECOVER L, CROSS R OVER L, STEP L BACK ¼ TURN R, ½ TURN R STEPPING R FORWARD

&1 Step the ball of the L to Center (&), Step R in front of L (1), even weight on both feet to do next steps

Optional: On count 1, if you want to, you can do a step R ball in front of L and a heel lift here, then the next 3 below....

a2,a3,a4 Lift both heels 3x up/down equaling ½ turn L: Lift both heels up/down (a2), (a3), (a4) (6:00)
&5, 6 Rock R to R (&), Recover on L (5), Cross R over L (6) (6:00)
7, 8 Step back on L a ¼ turn R (7), Make ½ turn R, stepping the R forward (8) (R takes weight) (3:00)

S3: STEP L FORWARD, TOUCH R, STEP R TO CENTER, TOUCH L HEEL FORWARD, STEP L TO CENTER, TOUCH R, R KNEE ROLL ¼ TURN R, STEP L TO L, HEEL SWIVELS IN/OUT, SLIDE R TOE NEXT TO L

1, 2, &3&4 Step L forward (1), Touch R toe next to L (2), Step R to Center (&), Touch L heel forward (3), Step L to Center (&), Touch R toe next to L (4) (3:00)
5, 6 Making ¼ R, at the same time Roll right knee clockwise, stepping down on R (5), Step L to L (6)
7&8 Bring both heels in (7), Bring both heels out, keep weight on L (&), Slide R toe next to L (8) (6:00)

S4: SLIDE R TOE SLIGHT DIAGNOL R, STEP DOWN ON R, SLIDE L TOE SLIGHT DIAGNOL L, STEP DOWN ON L, ROCK R HIP BACK ON R ¼ TURN L WITH L TOES UP & L HEEL ON FLOOR, RECOVER L BRINGING R NEXT TO L, STEP BACK ON R, SLIDE L HEEL CENTER & POP R KNEE

1-4 Slide the R ball of foot forward, slight diagonal R (1), Step down on R (2), Slide the L ball of foot forward, slight diagonal L (3), Step down on L (4) (6:00)
5, 6 Making ¼ L, Rock back on R, but at the same time, push the R hip back with the left toes facing up and only the L heel is on the floor with weight still on the R foot (5), Recover weight on the L, at the same time you bring the R toe next to the L (6) (3:00)
7, 8 Step back on R (7), Drag L heel next to R, with left taking weight, at the same time you pop your R knee (8) (3:00)

Begin again! - No Tags/No Restarts!

Optional, for a cool ending: you'll be facing 6:00, so on the last 2 counts 7, 8, pivot ½ turn on R turning L and step forward on L & poise.

Enjoy my dance & just have FUN dancing it! WE "Gotta Dance"!! Please feel free, to use any other music to do my dance, country or non country both work!

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<http://www.facebook.com/earleenwolford> - (aka Earleen Gotta Dance)

Please Do Not Modify Or Change My Dance Steps In Any Way, Plz Contact Me For Any Quesitons, Thank You!!
