

Shake It Some More

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Jamie Marshall (USA) - January 2015
音樂: Shake It Off - Taylor Swift



#16 Count Intro // Restart after 32 on Wall 2 - 8 Count Tag at end of Wall 7

A. □VINE R, TOUCH, POINT, TOUCH, POINT, TOUCH

1,2,3,4 Step R to R (1), Cross L behind R (2), Step R to R (3), Touch L next to R (4)
5,6,7,8 Touch L to L (5), Touch L next to R (6), Touch L to L (7), Touch L next to R (8) (12:00)

B. □VINE L, TOUCH, POINT, TOUCH, POINT, TOUCH

1,2,3,4 Step L to L (1), Cross R behind L (2), Step L to L (3), Touch R next to L (4)
5,6,7,8 Touch R to R (5), Touch R next to L (6), Touch R to R (7), Touch R next to L (8) (12:00)

C. □STEP, HOLD, KICK, HOLD, STEP, HOLD, TOUCH BACK, HOLD (SLOW CHARLESTON)

1,2,3,4 Step R forward (1), Hold (2), Kick L (3), Hold (4)
5,6,7,8 Step L next to R (5), Hold (6), Touch R toe back (7), Hold (8) (12:00)

D. □STEP, HOLD, KICK, HOLD, STEP, HOLD, TOUCH BACK, HOLD (CHARLESTON)

1,2,3,4 Step R forward (1), Hold (2), Kick L (3), Hold (4)
5,6,7,8 Step L next to R (5), Hold (6), Touch R toe back (7), Hold (8) (12:00)

E. □STEP, TOUCH, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

1,2,3,4 Step R to R (1), Touch L next to R (2), Step L to L (3), Touch R next to L (4)
5,6,7,8 Step R to R (5), Step L next to R (6), Step R to R (7), Touch L next to R (8) (12:00)

F. □STEP, TOUCH, STEP, TOUCH, STEP, TOGETHER, STEP, BRUSH

1,2,3,4 Step L to L (1), Touch R next to L (2), Step R to R (3), Touch L next to R (4)
5,6,7,8 Step L to L (5), Step R next to L (6), Step L to L (7), Brush R next to L (8) (12:00)

G. □TOE, HEEL STRUT JAZZ TRIANGLE TURNING ¼ R

1,2 Cross R toe over L (1), Drop R heel (2)
3,4 Step L toe back (3), Drop L heel (3) (12:00)
5,6 Turn ¼ R, stepping R toe forward (5), Drop R heel (6), (3:00)
7,8 Step L toe next to R (7), Drop L heel (weight on L) (8) (3:00)

H. □POINT, TOUCH, POINT, STEP, POINT, TOUCH, POINT, STEP

1,2,3,4 Point R to R (1), Touch R next to L (2), Point R to R (3), Step R next to L (4)
5,6,7,8 Point L to L (5), Touch L next to R (6), Point L to L (7), Step L next to R (8)

TAG: AT END OF WALL 7 (6:00)

1-5 Step in place R (1), L (2), R (3), L (4), Hold (5)
6-8 Clap 3 Times (6,7,8) (Weight on L)

Contact: www.ftwaynedanceforall.com