

# Eat Sleep Love

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Karen Tripp (CAN) - February 2015  
音樂: Eat Sleep Love You Repeat - Rodney Atkins : (Album: Eat Sleep Love You Repeat)



Wait 16 counts

## ROCK FORWARD (RIGHT), RECOVER, ¼ RIGHT SIDE SHUFFLE (3:00)

1-2              Rock forward right, recover to left  
3&4              Turn ¼ right and shuffle to the side right, left, right (3:00)

## ¼ RIGHT AND SIDE ROCK (LEFT), RECOVER, FORWARD SHUFFLE (6:00)

5-6              Turn ¼ right and rock side on left, recover to right (6:00)  
7&8              Shuffle forward left, right, left

## (RIGHT) DIAGONAL VINE 2, (RIGHT) TRIPLE – REPEAT ALL WITH LEFT

9-10             Step right slightly diagonal forward, cross left behind  
11&12            Triple in place right, left, right  
13-14            Step left slightly diagonal forward, cross right behind  
15&16            Triple in place left, right left

## 2 ROCKING CHAIRS

17-20            Rock forward right, recover to left, rock back on right, recover to left  
21-24            Repeat steps 17-20

## ROCK SIDE RIGHT, RECOVER, CROSSING SHUFFLE, - REPEAT ALL WITH LEFT

25-26            Rock right to side, recover to left  
27&28            Cross right over left, step left, cross right over left  
29-30            Rock left to side, recover to right  
31&32            Cross left over right, step right, cross left over right

Ending: Facing 12:00 after 16 counts

Choreographer: Karen Tripp, Cranbrook, BC, Canada  
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