

Rumba Cha Cha Cha

拍數: 64 牆數: 4
編舞者: Kenny Teh (MY) - February 2015
音樂: It's Cha Cha Ch by Chacra Music

級數: Phrased High Beginner



Sequence of dance: A, A, B, A, A, A, B, A

Start dance on vocals:

Section A = 32 counts (Cha Cha Cha)

1&2 3&4 Step diagonally left and hip bump LRL , step diagonally right and hip bump RLR
5 6 7 8 Rock left forward, recover right, ½ left turn shuffle forward LRL (6.00)

1&2 3&4 Step diagonally right and hip bump RLR, step diagonally left and hip bump LRL
5 6 7 8 Rock right forward, recover left, ½ right turn shuffle forward RLR (12.00)

1 2 Step left forward, on ball of left make ½ right turn hitch right across left (6.00)
3&4 Shuffle forward RLR
5 6 7&8 Step left forward, on ball of left make ¼ left turn flick right back (3.00)
3&4 Shuffle forward RLR

1&2 3 Step left and hip bump LRL, bump R (weight on right)
4&5 Step left and hip bump LRL

*6 7 8 □□ Sway RLR

*(Last wall facing front: replace count 6 7 8 with 6&7 Bump hip RLR)

Section B = 32 counts (Rumba)

1 2 3 4 Step left forward, hold, step right, step left together
5 6 7 8 Step right back, hold, step left, step right together

1 2 3 4 ¼ left turn step left forward, hold, step right, step left together
5 6 7 8 Step right back, hold, step left, step right together

1 2 3 4 Big step left, drag right to left, step right together, cross left over right
5 6 7 8 Big step right, drag left to right, step left together, cross right over left

1 2 3 4 1/2 left turn step left forward, sweep right back to front, cross right over left, step left
5 6 7 8 Step right behind left, sweep left front to back, step left behind right, step right to right