

Move It Baby

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Jennifer Choo Sue Chin (MY) - January 2015
音樂: Move It Baby - Simon Scott : (CD: That Fifties Flavour Vol 10)



#16 count intro - start on vocals

Tag/Restarts:

One Tag during Wall 2 followed by Restart

One Restart during Wall 4

Section 1: Grapevine, Point, Rolling Vine, Drag

1 – 4 Step right to side. Cross left behind right. Step right to side. Point left to side.

Note Count 4: Angle body to right.

5 – 6 Turn 1/4 left stepping left forward. Turn 1/2 left stepping right back.

7 – 8 Turn 1/4 left stepping left to side. Drag right towards left. (12:00)

Section 2: Reverse Rocking Chair, Walk Back x 4

1 – 4 Rock back on right. Recover onto left. Rock forward on right. Recover onto left.

5 – 8 Walk back - right, left, right, left. (12:00)

Styling Option Counts 5 – 8: When stepping back, fan toes of the other foot outwards.

Section 3: Back Rock, Paddle 1/4 Turn x 3

1 – 2 Rock back on right. Recover onto left.

3 – 6 Step right forward. Pivot 1/4 left. Step right forward. Pivot 1/4 left. (6:00)

7 – 8 Step right forward. Pivot 1/4 left. (3:00)

Styling Option Counts 3 – 8: Roll hips anti-clockwise when doing pivots.

Section 4: Jazz Box 1/4 Turn Cross, Skate x 4

1 – 4 Cross right over left. Step left back. Turn 1/4 right stepping to side. Cross left over right.

5 – 6 Skate right forward on right diagonal. Skate left forward on left diagonal.

7 – 8 Skate right forward on right diagonal. Skate left forward on left diagonal. (6:00)

Tag/Restart 1 Wall 2: Dance Tag at this point then start the dance again (facing 6:00).

Restart 2 Wall 4: Start the dance again (facing 6:00).

Section 5: 1/4 Turn Chasse x 3, 1/4 Turn, Hold

1 & 2 Turn 1/4 left stepping right to side. Close left beside right. Step right to side. (3:00)

3 & 4 Turn 1/4 left stepping left to side. Close right beside left. Step left to side. (12:00)

5 & 6 Turn 1/4 left stepping right to side. Close left beside right. Step right to side. (9:00)

7 – 8 Turn 1/4 left stepping left to side. Hold. (6:00)

Section 6: Cross Rock, Chasse, Step Pivot 1/2, Forward Shuffle

1 – 2 Cross rock right over left. Recover onto left.

3 & 4 Step right to side. Close left beside right. Step right to side.

5 – 6 Step left forward. Pivot 1/2 turn right. (12:00)

7 & 8 Step left forward. Close right beside left. Step left forward.

Section 7: Hip Bumps Forward And Back

1 & 2 Step right forward and bump hips forward twice.

3 & 4 Transfer weight back onto left and bump hips back twice.

5 – 8 Feet in same positions, bump hips - forward, back, forward, back. (12:00)

Section 8: Shimmies, 1/2 Turn With Shimmies

- 1 – 4 Slowly shift weight onto right over 4 counts, with shoulder shimmies.
- 5 – 8 Turn 1/2 left shifting weight onto left over 4 counts, with shoulder shimmies.

Tag Wall 2 (after count 32): 8-count Tag

- 1 – 8 Dance Section 8 (Shimmies and Shimmies with 1/2 turn). Then Restart the dance.
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