

Rose

拍數: 64 牆數: 4 級數: Beginner
編舞者: Sally Hung (TW) - February 2015
音樂: Rose - LeeHi



Sequence Of Dance: No Tag, No Restart
Start To Dance: After 64 Counts

S1. FWD, BACK, FWD SHUFFLE x3

1,2,3&4 Point R toes fwd, point R toes back, shuffle fwd on RLR
5&6,7&8 Shuffle fwd on LRL, RLR

S2. BACK, FWD, BACK SHUFFLE X3

1,2,3&4 Point L toes back, point(or brush) L toes fwd, shuffle back on LRL
5&6,7&8 Shuffle back on RLR, LRL

S3. ROCK BACK RECOVER CLOSE X2, PADDLE ¾ TURN L

1&2,3&4 Rock back on R, recover on L, step R beside L, rock back on L, recover on R, step L beside R
5,6,7,8 Touch R fwd and ¼ turn over L, touch R fwd and ¼ turn over L, touch R fwd and ¼ turn over L, touch R fwd and ¼ turn over L

S4. JAZZ BOX, SIDE BEHIND SIDE X2

1,2,3,4 Cross R over L, step back on L, step R to R, step L over R
5&6,7&8 Step R to R side, cross step L behind R, step R onto R, step L to L side, cross step R behind L, step L onto L

S5. POINT, TOGETHER, POINT, TOGETHER, STEP, PIVOT ½ TURN L, FWD SHUFFLE

1,2,3,4 Touch R toes to R side, step R beside L, touch L toes to L side, step L beside R
5,6,7&8 Step R fwd, pivot ½ turn L, shuffle fwd on RLR

S6. POINT, TOGETHER, POINT, TOGETHER, STEP PIVOT ½ TURN R, FWD SHUFFLE

1,2,3,4 Touch L toes to L side, step L beside R, touch R toes to R side, step R beside L
5,6,7&8 Step L fwd, pivot ½ turn R, shuffle fwd on LRL

S7. GRIND HEEL, ROCK BACK RECOVER X2

1,2,3,4 Grind R heel in out in out
5,6,7,8 Rock back on R, recover onto L, rock back on R, recover onto L

S8. OUT OUT BACK CLOSE, KICK BALL POINT X2

1,2,3,4 Step R slightly diagonal fwd, step L to side (shoulder width), step R back (in), step L together (in)
5&6,7&8 Kick R fwd, step back on R, touch L toes to L side, Kick L fwd, step back on L, touch R toes to R side

Happy dancing!

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