

My Heartbeat Song

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Julie Carr (UK) - February 2015
音樂: Heartbeat Song - Kelly Clarkson



Music Available on iTunes - March 2nd from Album .

Start Heavy beat word = You

Section 1: RIGHT SIDE TOGETHER BACK , LEFT SIDE TOGETHER BACK

1-2--3-4 Step right to right side, step left next to right, step back on right, tap left by Right
5-6-7-8 Step left to left side , step right next to left, step back on left, tap Right by left .

Section 2: RIGHT GRAPVINE 1/4 TURN. R L R L HIP BUMPS

1-2-3-4 Step right to right side ,step left behind Right, turn quarter R turn stepping forward on right ,
step left next to right (3 o clock) weight on right
5-6-7-8 Bump Left hip left twice ,Right hip right twice transferring weight to right.

Section 3: STEP TOUCH. STEP TOUCH WITH , 1/4 TURN RIGHT, WALK BACK X 3 TOUCH

1-2-3-4 Step left to left side, tap right by left, step forward on right as you make a 1/4 turn right, Tap
left next to right . (6 o clock) weight on right)
5-6-7-8 Walk back on Left, Right, Left, Tap Right next to left . (weight on left)

Section 4: RIGHT AND LEFT, STEP LOCK STEP FORWARD

1-2-3-4 Step forward on right , lock left up behind left ,step forward on right , brush left forward
5-6-7-8 Step Left forward, lock right behind left, step left forward, brush right forward.

****Discover the Magic of Dance with Julie Carr**
