

Mama, Teach Me To Dance

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annemaree Sleeth (AUS) - February 2015
音樂: Mama Teach Me To Dance - Eydie Gorme : (Album: Ponytails Hooped Skirts & Bobby Socks - iTunes)



Intro: 16 counts Start On Vocals (on word "Dance ") Dance moves L - CCW

Section 1: [1- 8] SWAY, SWAY, SIDE SHUFFLE, (add arms as we dance) ROCK BACK RECOVER, ROCK BACK RECOVER

1 – 2 Step R sway hips R, step on L sway hips L
3 & 4 Step R side, step L together, step R side (small steps)
5 – 6 Step L back behind R, recover R (move those hips)
7 – 8 Step L back behind R, recover R

Section 2: [9- 16] SWAY, SWAY, SIDE SHUFFLE, ROCK BACK, RECOVER, ROCK BACK, RECOVER

1 – 2 Step L sway hips L, step on R sway hips R
3 & 4 Step L side, step R together, step L side (small steps)
5 – 6 Step R back behind L, recover L
7 – 8 Step R back behind L, recover L

Section 3: [17- 24] STEP, ½ PIVOT, ½ L SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

1 – 2 Step R forward, ½ pivot L ,
3 & 4 Turning ½ L step R, Step L together, step R on the spot (facing 12 .00)
5 – 6 Rock L back, recover R
7 & 8 Step L forward , step R together , step L forward

Section 4: [25 – 32] SIDE, HOLD, TOGETHER, SIDE, TOUCH ¼ L TURN FORWARD, HOLD, TOGETHER, FORWARD, TOUCH

1 – 2 Step R side, hold (Spread both arms out to the sides on holds)
&3 - 4 Step L together, step R side, touch L together (pivot L)
5 – 6& ¼ L turn Step L forward, hold (spread arms) step R together
7 - 8 Step L forward , touch R together

Repeat

Ending Dance Facing Front wall

Dance First 16 counts and add step R side and pose

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