

Aha Dope

COPPER **NOB**
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roosamekto Mamek (INA) - January 2015
音樂: Aha Dope (Indonesia folk song)



Intro: 36 count

Choreographer's NOTE : for the advanced dancers, you may change all the FORWARD & BACK SHUFFLE to FORWARD & BACK LOCKED SHUFFLE.

ROCK FORWARD, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER, FORWARD SHUFFLE

1-2 Rock R forward – Recover on L
3&4 Step R back – Step L beside R – Step R back
5-6 Rock L back – Recover on R
7&8 Step L forward – Step R beside L – Step L forward

FORWARD, TURN 1/4 LEFT, CROSS SHUFFLE, SIDE, CROSS, SIDE CHASSE

1-2 Step R forward – Turn ¼ left
3&4 Cross R over L – Step L to side – Cross R over L
5-6 Step L to side – Cross R behind L
7&8 Step L to side – Step R together – Step L to side

CROSS ROCK, RECOVER, CHASSE TURN 1/4 RIGHT, FORWARD, TURN 1/4 RIGHT, FORWARD SHUFFLE

1-2 Cross/Rock R over L – Recover on L
3&4 Step R to side – Step L beside R – Turn ¼ right step R forward
5-6 Step L forward – Turn ¼ right
7&8 Step L forward – Step R beside L – Step L forward

FORWARD, TURN 1/2 LEFT, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

1-2 Step R forward – Pivot turn ½ left
3&4 Step R forward – Step L beside R – Step R forward
5-6 Rock L forward – Recover on R
7&8 Step L back – Step R beside L – Step L forward

REPEAT

TAG: End of wall 1 (Facing 09:00), 2 (Facing 06:00), 5 (Facing 09:00) & 6 (Facing 06:00)

Do this 4 count TAG

ROCKING CHAIR

1-4 Rock R forward – Recover on L – Rock R back – Recover on L

For Song & Step Sheet please contact: Roosamekto.Nugroho@gmail.com