

Room Service (客房服務) (zh)

COPPER KNOB
STEPPED

拍數: 64 牆數: 2 級數: Intermediate
編舞者: M.T. Groove (UK) - 2009年12月
音樂: Hotel Room Service - Pitbull



前奏: 64 count intro – start on lyrics ‘forget about your boyfriend’

第一段 Side Touch Behind, Side Touch, Walk Back, Hip Push Fwd, ¼ Hip Push Back. 側後點, 側點, 後走, 前推臀, 1/4後推臀

- 1-2 Step R to R side, Touch L behind R. 右足右踏, 左足於右足後點
- 3-4 Big step to L, Drag R into a touch next to L.
左足左一大步, 右足拖併點
- 5-6 Walk back R,L, feet end up together. 右足後走, 左足後走(雙足併)
- 7-8 Push hips fwd, Push hips back making a ¼ turn L. (finish with R knee popped fwd, weight L) (9.00).
前推臀, 左轉90度後推臀(右膝前彈, 重心在左足)(面向9點鐘)

第二段 Coaster ¼ Sweep, Behind Side, Hold Ball Side, Hitch Cross. 海岸轉1/4繞, 後側, 候併側, 抬交叉

- 1&2 Step back on R, Close L next to R, Step fwd R as you ¼ turn L sweeping L out & around 右足後踏, 左足併踏, 左轉90度右足前踏左足繞至後
- 3&4 Continue with your L sweep for count 3, Step L behind R, Step R to R side. 左足繞, 左足於右足後踏, 右足右踏
- 5&6 Hold, Step R next to L, Step L to L side. 候, 右足併踏, 左足左踏
- 7-8 Hitch R, Cross R over L. (6.00).
右足抬, 右足於左足前交叉踏(面向6點鐘)

第三段 Side Rock Recover, Triple ¾ Sweep, ¼ Turn Jazz Box. 側下沉回復, 小三步3/4繞, 爵士方塊轉1/4

- 1-2 Rock L to L side, Recover R. (angle upper body R, torque)
左足左下沉, 右足回復(上半身彎向右)
- 3&4 Make a ¾ triple turn L stepping L,R,L but sweep R around on count 4 (9.00). 小三步左轉270度-左, 右, 左(右足繞至前)(面向9點鐘)
- 5-6 Cross R over L, Make ¼ turn R as you step back L.
右足於左足前交叉踏, 右轉90度左足後踏
- 7-8 Step R fwd, step L next to R. Weight L (12.00)
右足前踏, 左足併踏重心在左足(面向12點鐘)

第四段 Step Touch Hold X2, Side Cross, ¼ Step, ¼ Step/Kick. 踏點候二次, 側交叉, 1/4踏, 1/4踏踢

- &1-2 Facing L diagonal step R to R side, Touch L next to R, Hold.
(面向右斜角)右足右踏, 左足併點, 候
- &3-4 Facing R diagonal step L to L side, Touch R next to L, Hold.
(面向右斜角)左足左踏, 右足併點, 候
- 5-6 Still facing R diagonal, step back on R, Cross L over R
(仍面向右斜角)右足後踏, 左足於右足前交叉踏
- 7-8 Make just over a ¼ turn L step back R, Make ¼ turn L hop fwd on L kick R (straight leg) back. (6.00)
左轉90度右足後踏, 左轉90度左足前跳右足後踢(面向6點鐘)

第五段 Scuff Hitch Step, Hip Roll, Jump Walk, ¼ Jump.
擦踢 抬 踏, 轉臀, 跳走, 1/4跳

- 1&2 Scuff R fwd, Hitch R, Step R to R side. 右足前擦踢, 右足抬, 右足右踏
3-4 Roll hips anti-clockwise over 2 counts. 逆時針以2拍轉臀
5-6 Jump feet together, walk fwd R. 雙足併跳, 右足前走
7-8 Walk fwd L, Make ¼ turn L as you jump both feet to R side – weight R (3.00). 左足前走, 左轉90度
雙足跳至右重心在右足(面向3點鐘)

第六段 Cross Behind Recover Side X2, ½ Pivot, 1 ½ Triple L,R,L
後交叉 回復 側二次, 踏轉, 小三步轉1 ½

- 1&2 Cross rock L behind R, Recover R, Step L to L side.
左足於右足後交叉下沉, 右足回復, 左足左踏
3&4 Cross rock R behind L, Recover L, Step R to R side.
右足於左足後交叉下沉, 左足回復, 右足右踏
5-6 Step fwd L, Pivot ½ turn R, weight R (9.00).
左足前踏, 右軸轉180度重心在右足(面向9點鐘)
7&8 ½ turn R step back on L, ½ turn R step fwd R, ½ turn R step back on L – weight L. (3.00).
右轉180度左足後踏, 右轉180度右足前踏, 右轉180度左足後踏重心在左足(面向3點鐘)

第七段 Walk R,L, Step Swivel Swivel X2, & Lock ¾ Unwind.
走步-右, 左, 踏旋轉旋轉二次, 踏鎖 3/4

- 1-2 Walk fwd R,L. 右足前走, 左足前走
3&4 Step fwd R, Swivel R heel out, in..右足前踏, 右足踵轉出, 轉入
5&6 Step fwd L, Swivel L heel out, in. (weight L)
左足前踏, 左足踵轉出, 轉入(重心在左足)
8&7-8 Step fwd on R, Lock L behind R, Unwind ¾ turn L, weight L (6.00).
右足前踏, 左足於右足後鎖踏, 左繞轉270度重心在左足(面向6點鐘)

第八段 Run R,L,R, Side Heel, Full Turn Walk Around.
前跑-右, 左, 右, 側 踵, 走步轉圈

- 1&2 Run fwd R,L,R 前跑-右, 左, 右
3-4 Step L to L side, Touch R heel across L (lean).
左足左踏, 右足踵於左足前點(身體傾斜)
5-8 Make a full turn walk around stepping R,L,R,L (feet need to be together on count 8 with weight L)
(6.00).
四拍走步轉圈-右, 左, 右, 左(最後雙足併踏, 重心在左足)(6點鐘)
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