

Celebrate

拍數: 96 牆數: 2 級數: Phrased Intermediate
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音樂: Celebrate - Pitbull



Dance Pattern, ABC AAB CAA AA

A Pattern – 32 counts

A[1-8] Heel grind X2, ball cross with 1/4, syncopated weave, side rock

1-2& cross right over left as you grind right heel, recover weight on left, step right next to left
3-4 cross left over right as you grind left heel, recover weight on right
&5 step left next to right, cross right over left as you make a 1/4 turn to the right
6&7 step left to left, step right behind left, step left to left side
&8 cross right over left, rock left to left

A[9-16] Recover with 1/4, 1/2, coaster, walks X4 with hand pushes

1-2 recover on to right making a 1/4 turn to right, make a 1/2 turn to right stepping back on left
3&4 step back on right, step together with left, step forward on right
5-6 walk forward on left as you push hands up and to the left, walk forward on right as you push
 hands up and to the right
7-8 walk forward on left as you push hands down and to the left, step right out to right as you
 push hands down and to the right

A[17-24] back, across, back X2, hand pump

1-2 step back on left, cross right over left
3-4 step back on left, step back on right
5-6-7-8 bring right arm up with hand open palm facing forward and pump right hand forward, just
 bending at wrist as you tap left heel for these 4 counts

A[25-32] Rock/recover, ball rock/recover, 1/2 turn jazz box

1-2 rock forward on right, recover on left
&3-4 step on ball of right next to left, rock forward on left, recover on right.
&5 step on ball of left next to right, cross right over left
6-7-8 make a 1/4 turn to right stepping back on left, make a 1/4 turn to right stepping forward on
 right, step forward on left

B Pattern – 32 counts

B[1-9] Kick ball rock, recover, side, sailor, lock, triple with 1/4

1&2 Kick right forward, step on ball of right next to left, rock forward on left
3-4 recover on right, step left to left side
5&6 step right behind left, step together with left, step right to right
7 lock left behind right
8&1 make a 1/4 turn to right as you step forward on right, lock left behind, step forward on right

B[10-16] cross, back, back, cross, back, 1/2, forward

2-3 Cross left over right, step back on right
4-5 Step back on left, cross right over left
6-7-8 step back on left, make a 1/2 turn to right stepping forward on right, step forward on left

B[17-24] Popeye Steps into 1/4, step, 1/2, triple

1& step right to right as you flick left back, step together with left
2& step right to right as you flick left back, step together with left
3& step right to right as you flick left back, step together with left

4-5 Make a 1/4 turn to right stepping forward on right, step forward on left
6 make a 1/2 turn to right stepping forward on right
7&8 step forward on left, step together with right, step forward on left

B[25-32] toe strut, diagonal triple, out out, rock back recover

1-2 step diagonally out to right on right toe, step down on right foot
3&4 step diagonally forward to left on left, bring right to left, step diagonally out to left with left
5-6 step right out to right, step left out to left
7-8 Rock back on right, recover on left

C pattern – 32 counts

C[1-8] Hip rolls, coaster, step, triple

1-2-3 Make a 1/4 turn to the left as step right to right as you roll hips to the right, roll hips to the right. Roll hips to the right
4&5 step back on left, step together with right, step forward on left as you make a 1/4 turn to the left
6 step forward on right
7&8 step forward on left, step together with right, step forward on left

C[9-16] Hip rolls, coaster, shoulder pushes

1-2-3 Make a 1/4 turn to the left as step right to right as you roll hips to the right, roll hips to the right. Roll hips to the right
4&5 step back on left, step together with right, step forward on left as you make a 1/4 turn to the left, as you step forward on left, push left shoulder forward
6 push right shoulder back
7-8 push left shoulder forward as you tap left heel, (neutral on the & count) push left shoulder forward as you tap left heel

C[17-24] 1/4 with body pump, 1/4 coaster, 1/4 with body pump, 1/4 coaster

1-2 make a 1/4 turn to left as you step right to right and pump body, bump body
3&4 step back on left, step together with right, step forward on left as you make a 1/4 turn to left
5-6 make a 1/4 turn to left as you step right to right and pump body, bump body
7&8 step back on left, step together with right, step forward on left as you make a 1/4 turn to left

C[25-32] 1/4 with body pump, 1/4 rock/recover, shoulder pushes

1-2 make a 1/4 turn to left as you step right to right and pump body, bump body
3-4 Rock back on left as you make a 1/4 turn to left, recover on right
5-6 step forward on left as you push left shoulder forward, push right shoulder back
7-8 Push left shoulder forward as you tap right heel, (neutral on the & count) Push left shoulder forward as you tap right heel

Have fun!!!

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