

Checkmate

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lam Lam (HK) - February 2015
音樂: Checkmate - Jung Yong Hwa & JJ Lin



Intro : 32 counts - No Tag No Restart

(1-8) Side, heel touch, side, heel touch, side shuffle, back rock

1 2 3 4 Step R to side(1), touch L heel cross over R(2), step L to side(3), touch R heel cross over L(4)
5&6 7 8 Step R to side(5), step L beside R(&), step R to side(6), Rock back on L(7), recover weight fwd on R(8) 12:00

(9-16) Pivot 1/2, pivot 1/2, step swivel, hitch

1 2 3 4 Step L fwd(1), pivot 1/2R(2), step L fwd(3), pivot 1/2R(4),
5 6 7 8 Step L fwd(5), swivel both heels L(6), bring heels back to centre (weight on R)(7), hitch L knee(8) 12:00

(17-24) L R sailor, unwind 3/4L, kick ball change

1&2 3&4 Step L behind R(1), step R to side(&), Step L to side(2), step R behind L(3), step L to side(&), step R to side(4)
5 6 7&8 L toe touch behind R(5), unwind 3/4 turn L(6), kick R fwd(7), step R down on ball(&), step L down(8) 3:00

(25-32) R Samba, L samba, 1/4R jazz box, heel jack, tog

1&2 3&4 Cross R over L(1), step L to side(&), step in place R(2) cross L over R(3), step R to side(&), step in place L(4)
5 6&7&8& Cross R over L(5), 1/4R step back on L(6), step R to side(&), cross R over L(7), step back on R(&), touch L heel diagonally fwd L(8), step L beside R(&) 6:00

(33-40) Walk R L, shuffle fwd, mambo step, toe touch back, 1/2R

1 2 3&4 Walk fwd on R(1), walk fwd on L(2), step R fwd(3), step L beside R(&), step R fwd(4)
5&6 7 8 Rock fwd on L(5), recover on R(&), step back on L(6), R toe touch back(7), 1/2R step on R(8) 12:00

(41-48) Cross rock & cross, side, sailor cross, 1/4R, 1/4R

1 2&3 4 Cross rock L over R(1), recover on R(2), step L to side(&), cross R over L(3), step L to side(4)
5&6 7 8 Cross R behind L(5), step L to side(&), cross R over L(6), 1/4R step back on L(7), 1/4R step R to side(8) 6:00

(49-56) Kick & point, Kick & 1/4R point, fwd rock, 1/2L shuffle fwd

1&2 3&4 Kick L fwd(1), step on L(&), point R to side(2), kick R fwd(3), 1/4R step on R next to L(&), point L to side(4)
5 6 7&8 Rock fwd on L(5), recover on R(6), 1/2L step L fwd(7), step R beside L(&), step L fwd(8) 3:00

(57-64) Fwd rock, back coaster, shuffle fwd, full turn L

1 2 3&4 Rock fwd on R(1), recover on L(2), step back on R(3), step L beside R(&), step fwd on R(4)
5&6 7 8 Step L fwd(5), step R beside L(&), step L fwd(6), 1/2L step back on R(7), 1/2L step fwd on L(8) [3:00]

Ending: On wall 7, dance to 32& counts, then stomp R fwd, end.

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