

Wo Bu Guan

拍數: 104 牆數: 3 級數: 3 Wall Improver Phrased Dance
編舞者: Philip Yong (SG) - February 2015
音樂: Wo Bu Guan by Fung Fei Fei



Dance Sequence A, B, A, B, TAG, A, B, Ending

Part A : 64 (8 x 8)

Section A1: ROCK BACK, RECOVER, KICK BALL CHANGE, STEP FWD, POINT, STEP FWD, POINT

1 2 3 & 4 R rock back, recover, R kick ball change
5 – 8 R step forward, point L, L step forward, point R

Section A2: CROSS ROCK SIDE CHASSE, CROSS ROCK STEP TOUCH

1 2 3&4 Cross rock R over L, recover onto L, step R to R, step L beside R, step R to R
5 – 8 Cross rock L over R, recover onto R, step L to L, touch R beside L

Section A3: R VINE, CROSS, SIDE ROCK, RECOVER, CROSS, HOLD

1 – 4 Step R to R, Step L behind R, Step R to R, Cross L over R
5 – 8 R side rock, recover, cross R over L, hold

Section A4: L VINE, CROSS, SIDE ROCK, RECOVER, CROSS, HOLD

1 – 4 Step L to L, Step R behind L, Step L to L, Cross R over L
5 – 8 L side rock, recover, cross L over R, hold

Section A5: R MONTEREY ¼ TURN, R MONTEREY ½ TURN

1 – 4 R Monterey ¼ R turn
5 – 8 R Monterey ½ R turn

Section A6: R RUMBA BOX, L RUMBA BOX

1 – 4 Step R to R, Step L beside R, Step forward on R, Touch L beside R
5 – 8 Step L to L, Step R beside L, Step back on L, Touch R beside L

Section A7: R VINE, TOUCH, L VINE, TOUCH

1 – 4 R vine, touch
5 – 8 L vine, touch

Section A8: R TOE STRUT (4 TIMES) (9 o'clock)

1 – 8 R toe strut (4 times Moving Forward)

Part B: 40 counts (5 x 8)

Section B1: PADDLE ¼ TURN (4 TIMES)

1 – 8 Paddle ¼ L turn (4 times)

Section B2: R FORWARD CHA CHA, L PIVOT ½ TURN, STEP, L FORWARD CHA CHA, R PIVOT ½ TURN, STEP

1 & 2 R forward cha cha
3 4 L step pivot ½ R turn, step R
5 & 6 L forward cha cha
7 8 R step pivot ½ L turn, step L

Section B3: R SIDE TOGETHER SIDE TOUCH, L SIDE TOGETHER SIDE TOUCH

1 – 8 R side, together, side, touch L, L side, together, side, touch R

Section B4: JAZZ BOX ¼ R TURN (2 TIMES)

1 – 8 Jazz box $\frac{1}{4}$ R turn (2 times)

Section B5: R FORWARD CHA CHA, L FORWARD CHA CHA (2 TIMES)

1 – 8 R forward cha cha, L forward cha cha (2 times)

TAG: 28 Counts (3 x 8 + 4 counts)

Section T1: R TOE, HEEL, CROSS, HOLD, L TOE, HEEL, CROSS, HOLD (backwall)

1 – 4 R toe, heel, cross, hold

5 – 8 L toe, heel, cross, hold

Section T2: SKATE R L R, HOLD, SKATE L R L, HOLD

1 – 4 R skate, L skate, R skate, hold

5 – 8 L skate, R skate, L skate, hold

Section T3: R STEP BACK, TOUCH, L STEP BACK, TOUCH (2 TIMES)

1 – 4 R step back, touch, L step back, touch

5 – 8 R step back touch, L step back, touch

Section T4: BUMP R L R L

1 – 4 Bump R L R L

ENDING (2 x 8)

Dance first 8 counts of A, then add the following 8 counts, slowing down with the music

CROSS ROCK, RECOVER, R STEP, TOGETHER, $\frac{1}{4}$ R STEP, L STEP ROCK, RECOVER, L COASTER STEP

1 2 R cross rock, recover left

3 & 4 R side, together $\frac{1}{4}$ R step

5 6 L forward rock, recover R

7 & 8 L coaster step

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