

Move That Groove

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tina Argyle (UK) - January 2015
音樂: We Are Family (A.R. Remix) - Groovy 69 : (CD: 70's Disco Hits)



#64 count intro - approx 30 secs

Section 1: Weave Left, Point, Weave Right, Point

- 1 – 2 Cross right over left. Step left to left side.
- 3 – 4 Cross right behind left. Point left to side (body angled slightly to right diagonal).
- 5 – 6 Cross left over right. Step right to right side.
- 7 – 8 Cross left behind right. Point right to side (angle body slightly to left diagonal).

Section 2: Weave Left, 1/4 Turn, Step Pivot 1/2, Walk, Walk

- 1 – 2 Cross right over left. Step left to left side.
- 3 – 4 Cross right behind left. Turn 1/4 left stepping left forward. (9:00)
- 5 – 6 Step right forward. Pivot 1/2 turn left. (3:00)
- 7 – 8 Walk forward right. Walk forward left.

Section 3: Chasse Right, Back Rock, Kick Ball Cross x 2

- 1 & 2 Step right to side. Close left beside right. Step right to side.
- 3 – 4 Rock back on left. Recover onto right.
- 5 & 6 Kick left forward to left diagonal. Step left beside right. Cross right over left.
- 7 & 8 Kick left forward to left diagonal. Step left beside right. Cross right over left.

Section 4: Chasse Left, Back Rock, Syncopated Jazz Box Cross, Point

- 1 & 2 Step left to side. Close right beside left. Step left to side.
 - 3 – 4 Rock back on right. Recover onto left.
 - 5 – 6 Cross right over left. Step left back. Cross Back
 - & Step right to side.
 - 7 – 8 Cross left over right. Point right to side (angle body slightly to left diagonal).
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