

# The Promise And The Dream

COPPERKNOB  
STEPSHEETS

拍數: 36      牆數: 2      級數: Improver  
編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2015  
音樂: The Promise and the Dream - Patrick Feeney



Intro: 16 Counts

**S1: R Side, Together, Chasse R With 1/4 Turn R, Step L Fwd, 1/2 Turn With R Hook, Step R fwd, Flick L Behind R, L Chasse**

1-2            Step R to R side, Step L next to R  
3&4            Step R to R side, Step L next to R, 1/4 Turn R Step fwd on R (3:00)  
5&6            Step fwd on L, 1/2 Turn R hook R across L leg, Step fwd on R (9:00)  
&7&8          Flick L behind R leg, Step L to L side, Step R next to L, Step L to L side

**S2: Heel Jacks X2, Cross R over L, Step L Back, Side, Cross, Side**

1&2            Cross R over L, Small step to L side, Touch R heel diagonal fwd  
&3&4          Step R together, Cross L over R, Small step to R side, Touch L heel diagonal fwd  
&5-6          Step L together, Cross R over L, Step L back  
7&8            Step R to R side, Cross L over R, Step R to R side \*\*\*Tag & Restart\*\*\*

**S3: L Back Rock, Recover, Heel Switches, Hook, Step Fwd, Scuff, Step Fwd, 1/4 Turn L, Cross**

1-2            Rock L back, Recover  
3&4            Touch L heel fwd, Step L next to R, Touch R heel fwd  
&5&6&        Step R next to L, Touch L heel fwd, hook L across R leg, Step L fwd, Scuff R fwd  
7&8            Step R fwd, 1/4 Turn L, Cross R over L (6:00)

**S4: 1/2 Turn R, Cross Shuffle, 1/2 Turn L, Cross Shuffle**

1-2            1/4 Turn R step L back (9:00), 1/4 Turn R step R to R side (12:00)  
3&4            Cross L over R, Step R to R side, Cross L over R  
5-6            1/4 Turn L step R back (9:00), 1/4 Turn L step L to L side (6:00)  
7&8            Cross R over L, Step L to L side, Cross R over L

**S5: Step L Together, R Stomp Over L, Recover, R Side Rock, Recover, R Stomp Over L, Recover, Touch**

&1&2&        Step L next to R, Somp R over L, Recover on L, R side rock, Recover  
3&4            Stomp R over L, Recover on L, Touch R beside L

**TAG & RESTART: During Wall 5 dance up to count 16 (9:00)**

**1/4 Turn L, Touch**

1-2            1/4 Turn L step L fwd (6:00), Touch R beside L

**Restart the dance**

**END: During Wall 9 dance up to count 15 on count 16 make a 1/4 Turn R step L fwd, Step R next to L**

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