

# A Thousand Miles

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 32      牆數: 4      級數: Intermediate NC2S  
編舞者: Karl-Harry Winson (UK) - January 2015  
音樂: I Wanna Grow Old with You - Westlife : (Album: World of Our Own - iTunes.co.uk)



**Intro: 16 Counts (Start on Vocals "Another Day")**

**Side-Drag. Behind. Side. Cross Rock. 1/4 Turn. 1/2 Turn Left. Sweep. Back Rock. 1/4 Turn Right. Back Rock.**  
1,2&      Step big Step Right to Right side dragging Left towards Right. Cross Left behind Right. Step Right to Side.  
3,4&      Cross Rock Left over Right. Recover weight back on Right. Make 1/4 turn Left stepping Left forward. 9 o'clock  
5      Make 1/2 turn Left stepping Right back sweeping Left from front to back. 3 o'clock  
6&      Rock Left foot back and slightly behind Right. Recover weight forward on Right. 3 o'clock.  
7      Make 1/4 turn Right stepping big step Left to Left side 6 o'clock.  
8&      Rock back on Right angling body to Right diagonal/Corner. Recover weight forward on Left. 7.30

**Diagonal Step. Full Turn Right. Forward Rock. Run Back X3. Left Sweep. Weave 1/8 Turn. Step Pivot 3/4 Turn**

1,2&      Facing Diagonal/Corner Step Right Forward. Make 1/2 turn Right stepping Left back. Make 1/2 Right stepping Right forward. 7.30  
3,4&      Rock Forward on Left. Small Run back on Right. Small Run back on Left.  
5,6&      Run back on Right sweeping Left from front to back. Cross Left behind Right. Make 1/8 turn Right stepping Right forward straightening up to 9 o'clock wall.  
7,8&      Step forward on Left. Step Right forward. Pivot 3/4 turn Left. 12 o'clock  
**\*Restart Here on Walls: 2 (9.00), 5 (3.00), 7 (12.00).**

**Right Basic Night Club. 1/4 turn Left. Forward Rock. 1/2 Turn Right. Step 1/4 Cross. Prissy Walk Right.**

1, 2&      Step Right to Right side. Rock back on Left. Recover weight forward on Right crossing Right over Left.  
3,4&      Make 1/4 turn Left stepping Left forward. Rock Right forward. Recover weight back on Left. 9 o'clock  
5,6&      Make 1/2 turn Right stepping Right forward. Step Left forward. Pivot 1/4 turn Right. 6 o'clock.  
7 – 8      Cross step Left over Right. Walk forward on Right crossing Right over Left.

**Prissy Walk Left. Side. Back Rock. 3/4 turn Right. Step. Pivot 1/2 Turn. Forward Step. Reverse Turn Right.**

1,2&      Walk forward on Left crossing Left over Right. Step Right to Right side. Cross Rock Left foot behind Right.  
3&      Recover weight forward on Right. Make 1/4 turn Right stepping Left back. 9 o'clock  
4&      Make 1/2 turn Right stepping Right forward. Step forward on Left. 3 o'clock  
5 – 6      Step Right forward. Pivot 1/2 turn Left putting weight forward on Left. 9 o'clock  
7&      Step forward on Right. Make 1/2 turn Right stepping Left back. 3 o'clock  
8&      Make 1/2 turn Right stepping Right forward. Step forward on Left. 9 o'clock

**Start Again!**

**\*Restart: The Restarts in this dance are very straight forward. Walls, 2 (9.00), 5 (3.00) & 7 (12.00), dance the first 16**

**Counts and Restart the dance. (Tip: The wall you start on is the same wall you restart on).**

**\*\*\*Tag\*\*\*: At the end of Wall 3 (6 O'clock), add on the following 2 Counts (Hip Sways):**

1 – 2      Step Right to Right side swaying Hips Right. Sway Hips Left.

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