

# All I Can Stand

**COPPER** KNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Denise Smith (AUS) - February 2015  
音樂: I've Enjoyed As Much of This As I Can Stand - Thomas Milligan : (Album: The Best Of Country and Irish - iTunes)



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**Restart Wall 5: Dance to Count 16 After step ½, Step on L then Restart**

**SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, FORWARD, TOUCH**

1-4            Step R to the right, Step L beside R, Step R forward, Touch L beside R

5-8            Step L to the left, Step R beside L, Step L forward, Touch R beside L

**ROCKING CHAIR, ROCK, RECOVER, STEP ½, HITCH & HOLD,**

1-4            Rock forward on R. Recover on L, Rock back on L, Recover on R

5-8            Rock forward on R, Recover on L, Step R back stepping ½ right, Hitch L and hold

**Restart Wall 5: Dance to Count 16 After step ½, Step on L.**

**STEP, LOCK, STEP, TOUCH, SIDE ROCK, RECOVER, BEHIND, SIDE ROCK,**

1-4            Step L forward, Step R behind L, Step L forward, touch R beside L

5-8            Rock R to the right, Recover on L, Step R behind L, Rock L to the left

**RECOVER, BEHIND, SIDE ROCK, RECOVER, TOE STRUT, TOE STRUT**

1-4            Recover on R, Step L behind R, Rock R to the right, Recover on L

5-8            Step R toe forward, Drop R heel down, Step L toe forward, Drop L heel

**[32]□REPEAT**

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