Lady Soul



拍數: 48 牆數: 1 級數:

編舞者: Brenda Holcomb (USA) - February 2015

音樂: Lady Soul - The Temptations



Also "Christmas in Dixie" by Alabama

S1: Step, Together, Step, Touch (Right side then Left side)

Step right to the side, Step left together beside right, Step right to the side and touch left.
 Step left to the side, Step right together beside Left, Step left to the side and touch right.

S2: Step, Together, Step Touch (Right side then Left side)

Step right to the side, Step left together beside right, Step right to the side and touch left.
Step left to the side, Step right together beside left, Step left to the side and touch right.

S3: Side Touches 2x each side

1-4 Touch R toe to side and back in place. Repeat5-8 Touch L toe to side and back in place. Repeat

S4: Heel touches R & L (2X)

1-4 Touch right heel forward and bring back in place, Touch left heel forward and bring back in

place.

5-8 Repeat 1-4

S5: Step Diagonal forward step together step Touch. (R then L)

1-4 Step R foot forward diagonal R, step L forward beside of Right. Step R foot forward at a

diagonal, step L forward beside of Right and Touch.

5-8 Step L foot forward diagonal L, step R forward beside of Right. Step L foot forward at a

diagonal, step R forward beside of Left and Touch.

S6:Back Touch /Singles (moving back)

1-4 Step back with Right and touch Left, Step back L and touch R,

5-8 Repeat 1-4

Start Over

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