

Good Old Rock & Roll

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adrian Helliker (FR) & Annemaree Sleeth (AUS) - February 2015
音樂: Never Too Old - Heartbeat



Music from: <http://www.heartbeatduo.com.au>

Intro: 16 counts into track approx 6 seconds into track BPM 167

[1-8] □ V STEP OUT, OUT, IN, IN

1-2 Step R diag forward, step L diag forward,
3-4 Step R diag back , step L together
5-6 Step R diag forward, step L diag forward
7-8 Step R diag back , step L together

[9-16] □ HEEL SWIVELS R, HEEL SWIVELS L

1-2 Swivel heels R, swivels toes R,
3-4 Swivel heels R, hold clap
5-6 Swivel heels L, swivels toes L,
7-8 Swivel heels L, hold clap (wgt L)

* Easier Option SIDE TOGETHER SIDE TOUCHES

1-2 Step R side, step L together,
3-4 Step R side, touch L together
5-6 Step L side, step R together,
7-8 Step L side, touch R together (wgt L)

#Restart Here – wall 8

[17-24] □ SIDE STRUT, CROSS STRUT, SCISSOR CROSS & HOLD

1-2 Point R toe to R side, drop R heel down,
3-4 Cross L toe over right, drop L heel down
5-6 Step R side, step L together,
7-8 Cross R over L , hold clap

[25-32] □ SIDE STRUT, CROSS STRUT, ¼ R L COASTER

1-2 Point L toe to side, drop L heel down
3-4 Cross R toe over right, drop R heel down
5-6 Turn ¼ R Step L back,
7-8 Step R together , step L forward , hold

Restart: during wall 8 (9:00) your dance up to 16 counts and Restart from beginning

Tags: end of walls 3, 4, 9, 10

1-4 hips right, left, right, left

-1st Tag wall 3 f – 9.00

-2nd Tag wall 4 f – 12 .00

-3rd Tag wall 9 f – 12 .00

-4th Tag wall 10 f – 3 .00

To finish Step R forward , arms both out to side and pose □ facing (12:00)

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