

# Good Old Rock & Roll

**COPPER** KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: High Beginner  
編舞者: Adrian Helliker (FR) & Annemaree Sleeth (AUS) - February 2015  
音樂: Never Too Old - Heartbeat



Music from: <http://www.heartbeatduo.com.au>

Intro: 16 counts into track approx 6 seconds into track BPM 167

## [1-8] □ V STEP OUT, OUT, IN, IN

1-2                      Step R diag forward, step L diag forward,  
3-4                      Step R diag back , step L together  
5-6                      Step R diag forward, step L diag forward  
7-8                      Step R diag back , step L together

## [9-16] □ HEEL SWIVELS R, HEEL SWIVELS L

1-2                      Swivel heels R, swivels toes R,  
3-4                      Swivel heels R, hold clap  
5-6                      Swivel heels L, swivels toes L,  
7-8                      Swivel heels L, hold clap (wgt L)

## \* Easier Option SIDE TOGETHER SIDE TOUCHES

1-2                      Step R side, step L together,  
3-4                      Step R side, touch L together  
5-6                      Step L side, step R together,  
7-8                      Step L side, touch R together (wgt L)

#Restart Here – wall 8

## [17-24] □ SIDE STRUT, CROSS STRUT, SCISSOR CROSS & HOLD

1-2                      Point R toe to R side, drop R heel down,  
3-4                      Cross L toe over right, drop L heel down  
5-6                      Step R side, step L together,  
7-8                      Cross R over L , hold clap

## [25-32] □ SIDE STRUT, CROSS STRUT, ¼ R L COASTER

1-2                      Point L toe to side, drop L heel down  
3-4                      Cross R toe over right, drop R heel down  
5-6                      Turn ¼ R Step L back,  
7-8                      Step R together , step L forward , hold

Restart: during wall 8 (9:00) your dance up to 16 counts and Restart from beginning

Tags: end of walls 3, 4, 9, 10

1-4                      hips right, left, right, left

-1st Tag wall 3 f – 9.00

-2nd Tag wall 4 f – 12 .00

-3rd Tag wall 9 f – 12 .00

-4th Tag wall 10 f – 3 .00

To finish Step R forward , arms both out to side and pose □ facing (12;00)

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