

Send Down An Angel

拍數: 32 牆數: 0 級數: Intermediate
編舞者: Robert Lindsay (UK) - January 2015
音樂: Send Down an Angel - Allison Moorer : (Album: The Hardest Part)



Intro – 16 Counts – start Very slightly before the vocals (13 seconds)

Section 1: Basic Night Club Steps – R & L, Step, ½ Turn, ¼ Turn

1-2& Step right long step to right. Rock back on left. Recover on right.
3-4& Step left long step to left. Rock back on right. Recover on left.
5 Step right forward.
6&7 Step left forward. Pivot ½ turn right. Turning ¼ turn right, step left to left.

Section 2: Behind & Press, Coaster Step, Step ½ Step, Reverse Step ½ Step, Pivot ½ Turn

8&1 Step right behind left. Step left to left. Press right forward.
2&3 Step left back. Step right beside left. Step left forward.
4&5 Step right forward. Pivot ½ turn left. Step right forward.
6&7& Turning ½ turn right, step left back. Turning ½ turn right, step right forward. Step left forward.
Pivot ½ turn right.

Section 3: Left Lock Sweep. Cross Step, Rock Recover Lunge, Full Turn, Step Behind, Side, Rock

8&1 Step left forward. Lock right behind left. Stepping left forward, sweep right ¼ left.
2&3 Step right across left. Rock left to left. Recover on right, lunging to right.
4-5 Push off on right and spin full turn left on left. Step right to right.
6&7 Step left behind right. Step right to right. Cross rock left over right.

Section 4: Recover, Side, Cross Rock, Side Cross Unwind ½ Turn, Kick. Coaster Step, Step, Pivot ¼ Turn. Cross, Touch

8&1 Recover weight onto right. Step left to left. Cross rock right over left.
2&3 Recover weight onto left. Step right to right. Cross left over right.
4 Unwind ½ turn right keeping weight on left and kicking right forward.
5&6 Step right back. Step left beside right. Step right forward.
7&8& Step left forward. Pivot ¼ turn right. Step left over right. Touch right to left.

Restart Wall 4 – Section 2 – after the Pivot ½ turn.

Restart 2 Wall 7 – Section 4 – after Unwind half turn don't kick but touch right to left.