Send Down An Angel

拍數: 32

編舞者: Robert Lindsay (UK) - January 2015

音樂: Send Down an Angel - Allison Moorer : (Album: The Hardest Part)

級數: Intermediate

Intro – 16 C	Counts – start Very slightly before the vocals (13 seconds)
Section 1:	Basic Night Club Steps – R & L, Step, ½ Turn, ¼ Turn
1-2&	Step right long step to right. Rock back on left. Recover on right.
3-4&	Step left long step to left. Rock back on right. Recover on left.
5	Step right forward.
6&7	Step left forward. Pivot ½ turn right. Turning ¼ turn right, step left to left.
Section 2:	Behind & Press, Coaster Step, Step ½ Step, Reverse Step ½ Step, Pivot ½ Turn
8&1	Step right behind left. Step left to left. Press right forward.
2&3	Step left back. Step right beside left. Step left forward.
4&5	Step right forward. Pivot 1/2 turn left. Step right forward.
6&7&	Turning ½ turn right, step left back. Turning ½ turn right, step right forward. Step left forward Pivot ½ turn right.
Section 3:	Left Lock Sweep. Cross Step, Rock Recover Lunge, Full Turn, Step Behind, Side, Rock
8&1	Step left forward. Lock right behind left. Stepping left forward, sweep right 1/4 left.
2&3	Step right across left. Rock left to left. Recover on right, lunging to right.
4-5	Push off on right and spin full turn left on left. Step right to right.
6&7	Step left behind right. Step right to right. Cross rock left over right.
Section 4: Cross, Tou	Recover, Side, Cross Rock, Side Cross Unwind ½ Turn, Kick. Coaster Step, Step, Pivot ¼ Turn.
8&1	Recover weight onto right. Step left to left. Cross rock right over left.
2&3	Recover weight onto left. Step right to right. Cross left over right.
4	Unwind ½ turn right keeping weight on left and kicking right forward.
5&6	Step right back. Step left beside right. Step right forward.
7&8&	Step left forward. Pivot ¼ turn right. Step left over right. Touch right to left.

Restart Wall 4 – Section 2 – after the Pivot ½ turn.

Restart 2 Wall 7 - Section 4 - after Unwind half turn don't kick but touch right to left.





牆數:0