

Can't Rely On You (EZ)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Maryloo (FR) - January 2015
音樂: Can't Rely On You - Paloma Faith



Intro : 4+ 32 counts (19 seconds)

SIDE, CROSS ROCK , RECOVER, SHUFFLE TO L, ROCK BACK, SHUFFLE FORWARD

1-3 Step R to side, cross L over R, recover on R
4&5 Step L to side, step R next to L, step L to side
6-7 Rock R back , recover on L
8&1 Step R forward, step L next to R, step R forward

FLICK & ½ TURN TO R, STEP L FORWARD, SHUFFLE FORWARD, L ROCK FORWARD , COASTER L

2-3 Flick L and ½ turn R , step L forward
4&5 Step R forward, step L next to R, step R forward
6-7 Rock L forward, recover on R
8&1 Step L back, step R next to L, step L forward

SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, SAILOR TURNING ¼ L,

2-3 Rock R to side, recover on L
4&5 Cross R over L, step L to side, cross R over L
6-7 Rock L to side, recover on R
8&1 Step L behind R, ¼ turn L & step R to side, step L slightly forward

PIVOT ½ TURN L, TRAVELLING SHUFFLE ½ TURN L, BEHIND, SIDE, CROSS

2-3 Step R forward, pivot ½ turn L (weight on L)
4&5 ¼ turn L stepping R to side, step L next to R, ¼ turn L stepping R back
6-7-8 Step L behind R, step R to side, step L over R

TAG : 16 counts - At The end of the 1st, 3rd, 5th and 7th wall

PIVOT ½ TURN L (twice)

1-2 Step R forward, hold (stretching out arms forward with snaps),
3-4 Pivot ½ turn L, hold (weight on L)
5-6 Step R forward , hold (stretching out arms forward with snaps),
7-8 Pivot ½ turn L, hold (weight on L)

UNWIND FULL TURN L, SWAYS R.L.

1-4 Cross R over L and make a full turn to L (weight on L at the end)
5-6 Rock R to side and sway to R, hold
7-8 Recover to L and sway to L, hold

Contact choreographer : Maryloo : malouwin@hotmail.fr - Website : www.line-for-fun.com

Last Update - 2nd Feb 2015