

Rosemary's Baby (小小迷迭香) (zh)

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rep Ghazali (SCO) - 2009年02月
音樂: Rosemary (迷迭香) - Jay Chou (周杰倫)



前奏: 64 count intro (36sec) 64拍(約36秒)後起跳

第一段 Left Side-Tog, Side-Tog, Side Chasse, Rock Back-Recover 左踏-併踏, 左踏-併踏, 左追步, 後下沉-回復

- 1-2 step Left to Left side, step Right together 左足左踏, 右足併踏
3-4 step Left to Left side, step Right together 左足左踏, 右足併踏
5&6 step Left to Left side, step Right together, step Left to Left side
左足左踏, 右足併踏, 左足左踏
7-8 rock Right behind Left, recover on Left 右足於左後下沉, 左足回復

第二段 Right Side-Tog, Side-Tog, Side Chasse, Rock Back-Recover 右踏-併踏, 右踏-併踏, 右追步, 後下沉-回復

- 1-2 step Right to Right side, step Left together 右足右踏, 左足併踏
3-4 step Right to Right side, step Left together 右足右踏, 左足併踏
5&6 step Right to Right side, step Left together, step Right to Right side 右足右踏, 左足併踏, 右足右踏
7-8 rock Left behind Right, recover on Right
左足於右足後下沉, 右足回復

第三段 Weave Left, Side Rock-1/4 Turn, Step Forward-Touch 左藤步, 左下沉-1/4, 踏-點

- 1-2 step Left to Left side, step Right behind Left
左足左踏, 右足於左足後踏
3-4 step Left to Left side, step Right over Left
左足左踏, 右足於左足前交叉踏
5-6 rock Left to Left side, 1/4 turn Right recover on Right (3)
左足左下沉, 右轉90度右足回復(面向3點鐘)
7-8 step Left forward, touch Right together 左足前踏, 右足併點

第四段 Rock Forward-Recover, Step Back-Touch, Hip Bumps Flick 下沉-回復, 後踏-點, 推臀帶抬

- 1-2 rock forward Right, recover on Left 右足前下沉, 左足回復
3-4 step back Right, touch Left together 右足後踏, 左足併點
5-6 bump hips to Left, bump hips to Right 左推臀, 右推臀
7-8 bump hips to Left, bump hips to Right and flick diagonally back Left on Left (3) 左推臀, 右推臀左足
於左斜角後抬(面向3點鐘)