

Little Land of Dreams

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Mary Heal (UK) - February 2015
音樂: Land of Dreams (with Los Lobos & Bebel Gilberto) - Rosanne Cash : (iTunes)



Intro: 16 counts from strong down beat

Section 1: FORWARD RUMBA BOX

1-4 Step Right to right side, step Left next to Right, Step fwd on Right, touch Left next to Right
5-8 Step Left to left Side, step Right next to Left, Step back on Left, touch Right next to Left

Section 2: HEEL DIGS RIGHT AND LEFT, TOE TOUCHES RIGHT AND LEFT

1-4 Dig Right heel fwd, step Right next to Left, dig Left heel fwd, step Left next to Right
5-8 Tap Right toe behind Left foot, step Right next to Left, tap Left toe behind Right foot, step Left next to Right

Section 3: CHASSE RIGHT ROCK BACK, CHASSE LEFT, ROCK BACK

1&2 Step Right to right side, step Left next to Right, step Right to right side
3-4 Rock back on Left, recover weight onto Right
5&6 Step Left to left side, step Right next to Left, step Left to left side
7-8 Rock back on Right recover weight onto Left

Section 4: (STEP DOWN ON TO RIGHT FOOT, SWEEP LEFT FOOT BEHIND RIGHT, TRIPLE STEP TURNING ¼ LEFT) X2

1-2 Step down onto Right foot, sweep Left foot behind Right
3&4 Step Left, Right, Left making ¼ turn left (9.00)
5-6 Step down onto Right foot, sweep Left foot behind Right
7&8 Step Left, Right, Left making ¼ turn left (6.00)

START OVER AGAIN

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