

Wishing You Well

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 0 級數: Beginner / Improver
編舞者: Fred Lombardo (USA) - January 2015
音樂: I Wish - Stevie Wonder : (Album: Songs In The Key of Life)



(Start on vocals)

S1--TOE TOUCHES with HEEL BOUNCES - CROSS ROCK & Recov. with 1/4 Turn SAILOR Step

1-2 Step RIGHT Toe forward (Raising up on BOTH Toes at 2:00) - Come Down on HEELS
** w/ wt. on Right

3-4 Step LEFT Toe forward (Raising up on BOTH Toes at 10:00) - Come Down on HEELS
** w/ wt on Left

5-6 Cross Rock RIGHT over Left - Recover on LEFT

7 & 8 [Sailor] Swing RIGHT behind Left, turning 1/4 (3:00) - Step on LEFT - Step on RIGHT

S2--TOE TOUCHES with HEEL BOUNCES - CROSS ROCK & Recov. with 1/4 Turn SAILOR Step

1-2 Step LEFT Toe forward (Raising up on BOTH Toes at 1:00) - Come Down on HEELS
** w/ wt on Left

3-4 Step RIGHT Toe forward (Raising up on BOTH Toes at 5:00) - Come Down on HEELS

5-6 Cross Rock LEFT over Right - Recover on RIGHT

7 & 8 [Sailor] Swing LEFT behind Right, turning 1/4 (12:00) - Step on RIGHT - Step LEFT

S3-- TOE TOUCHES with TRIPLE STEPS Turning 1/4 Right

1-2 Touch RIGHT Toe forward - Touch RIGHT Toe to side

3 & 4 Step w/ RIGHT Turning 1/4 Right (3:00) - Step LEFT - Step RIGHT

S4--TOE TOUCHES with TRIPLE STEPS in Place

1-2 Touch LEFT Toe forward - Touch LEFT Toe to side

3 & 4 Step LEFT next to Right - Step on RIGHT - Step on LEFT

S5-- CROSS STEPS & POINTS AND (2) KICKBALL CHANGES

1-2 Cross RIGHT over Left - Point LEFT to side

3-4 Cross LEFT over Right - Point RIGHT to side

5 & 6 Kick RIGHT forward - Step RIGHT next to Left - Step on LEFT

7 & 8 Kick RIGHT forward - Step RIGHT next to Left - Step on LEFT

S6-- (2) JAZZ BOXES with 1/4 Turns

1-2 Cross RIGHT over Left - Step LEFT back

3-4 Step w/RIGHT (turning 1/4) Right - Step LEFT next to Right

5-6 Step RIGHT over Left - Step LEFT back

7-8 Step w/RIGHT (turning 1/4) Right - Step LEFT next to Right

S7 -- CROSS STEPS & POINTS

1-2 Cross RIGHT over Left - Point LEFT to side

3-4 Cross LEFT over Right - Point RIGHT to side

5-6 Cross RIGHT over Left - Point Left to side

7-8 Cross Left over Right - Point RIGHT to side (no wt.)

E - O - D

Contact: fmlombardo@embarqmail.com