

My CNY Dance 2015

COPPER KNOB
STEPPERS

拍數: 96 牆數: 1 級數: Phrased Improver
編舞者: Nancy Lee (MY) - February 2015
音樂: Spring Breeze Blowing Flowers Open (春风吹来百花开)



Intro : Starts On vocal

Sequences:

Group 1 - A,B, Tag 1, C ,D , E

Group 2 - A,B, Tag 1, C ,D, Tag 2, E

Group 3 - A,B, Tag 1, C, D, Ending

Part A - 32

SECTION A1: [1-8] R Rocking Chairs,

1-8 R Rocking chairs

SECTION A2: [9-16] □ R Lock Steps Fwd Diagonal, L Rolling vine □

1-4 R Step Fwd, L Lock Behind R, R Step Fwd, L Touch Beside R (1:30)

5-8 L Rolling Vine with Touch R (12:00)

SECTION A3: [17-24] □ R Cross over L, Hitch L, L Cross Over R, Hitch R , Repeat

1-4 R Cross Step Over L ,Hitch L, L Cross Step Over R, Hitch R

5-8 Repeat 1-4

SECTION A4: [25-32] □ R Touch Fwd, Sit On L, Play On drum (L), (R)

1-4 Play On Drum – L, (hand or Scarf)

5-8 Repeat on the R (weight on L , R Touch Fwd)

Part B – 16

SECTION B1: [1-8] □ R Cross Over L, Touch L Behind R, L Back, R Touch , R to side , Touch L, L to side , Touch R

1-4 R cross step over L, L Touch Behind R, L Step Back , Touch R

5-8 Step R To R, Touch L Beside R, Step L To L, Touch R Beside L

SECTION B2: [9-16] □ R Cross over L, ¼ R, L Cross Over R , R Step Back, Touch L Fwd, Weight On R, Play On Drum (L)

1-4 R Cross Step Over L, ¼ R Turn, L Cross Step Over R, R Step Back, L Touch Fwd (Weight on R) (3:00)

5-8 Play on drum On (L)

TAG 1 – 4 count ~ Play On Drum ~towards front (3:00)

TAG 2 – 4 count ~ Play On Drum ~ towards Front (12:00)

Part C – 16

Section C1: [1-8] L Kick Fwd, Hold , ¼ L Turn, Step L To L, Touch R, R On Ball, Cross L Over R, R On Ball, Cross L Over R

1-4 L Kick Fwd, Hold, 1/4 L Turn , Step L To L, Touch R Beside L (12:00)

5-8 Step R on Ball, Cross L over R, Step R on ball, Cross L over R

SECTION C2: [9-16] □ Flick R, Hold, ¼ L Turn, Step R Fwd, Hold, ½ Turn L, Step L Fwd, Hold, ¼ L Turn, Step R To R , Touch I Beside R (12:00)

1-2 Flick R , Hold

3-4 ¼ L Turn , Step R Fwd, Hold (9:00)

5-6 1/2 Turn L, Step L Fwd, Hold (3:00)

7-8 ¼ L Turn , Step R To R, Touch L Beside R (12:00)

Part D- 16 (Roti Canai Swings)

SECTION D1: [1-8] L to L, Touch R, ¼ L Turn, R to R, Touch L, L to L, Touch , ¼ L Turn , R to R, Touch L

1-4 L to L, Touch R beside L, ¼ L Turn , R To R, Touch L Beside R (9:00)

5-8 L To L , Touch R Beside L, ¼ L Turn , Step R to R, Touch L Beside R (6:00)

SECTION D2: [9-16] L To L , Touch R , ¼ L Turn , Step R To R, Touch L, ¼ L Turn , L to L, Touch R, R To R, Touch L

1-4 L To L, Touch R, ¼ L Turn , Step R to R , Touch L (3:00)

5-8 ¼ L Turn , Step L to L, Touch R (12:00) R To R, Touch L beside R

(Hand movements: Pls refer to the dance demo)

PART E – 16 (PLAY ON DRUM)

SECTION E1

1-8 Play On Drum ~ R side

SECTION E2

1-8 Play On Drum ~ L side

Happy CNY !!!

***For Song & Step sheet, please contact: Email : swan9198@gmail.com**
