

Right to Be Hellish

拍數: 32 牆數: 4 級數:
編舞者: Jen Zappulla - January 2015
音樂: Jealous - Nick Jonas



No Tags, No Restart

S1: Walk x2, Scissor Step, Triple 1/4 Turn Left, Chase Turn

1,2 Walk forward R (1), walk forward L (2)
3&4 Scissor step, step right slightly to side (3), step L together (&), cross R over L (4)
5&6 Triple L, stepping side on L (5), step R together (&), step L turning 1/4 L (6)(9:00)
7&8 Step forward on right (7), turn 1/2 L, weight going to L foot (&), stepping forward on R (8),
prepping to turn (3:00)

S2: 1 1/4 Turn, Rock, Recover, Step, Heel Swivels x2, Body Roll

1&2 Turn 1 1/4 R, stepping back on L turning 1/2 R (1)(9:00), stepping forward on R turning 1/2 R
(&)(3:00), step L to side turning 1/4 R, weight on L (2) (6:00)
3&4 Rock back on R slightly behind L (3), recover forward on L (&), step R to side (4)
&5&6 Swivel L heel inward (&), step down on L (5), swivel R heel inward (&), step down on R (6)
7,8 Full body roll, weight ending on L

S3: Sway R, Sway L, Behind-Side-Cross, Heel Grind with 1/4 Turn L, L Coaster Step

1,2 Sway R, weight to R (1), sway to L, weight to L (2)
3&4 Step R behind L (3), step L to L side (&), cross R over L (4)
5&6 Press L heel into floor (5), grind heel to L, turning 1/4 left(&)(3:00), weight going back on R
(6)
7&8 Step back on L (7), step R together (&), step L forward (R)

S4: Toe-Tap-Step x2, Modified Shorty George, Hip Bumps x2, Cross, Unwind

&1&2 Tap R toe forward (&), step down on R (1), tap L toe forward (&), step down on L (2)
&3&4 Step forward on R, bringing R knee inward (&), step forward on L, bringing L knee inward (3),
step out on R (&), step out on L (4), feet should be shoulder-width apart
5,6 Bump hips R (5), bump hips L (6)
7,8 Cross R over right (7), unwind 1/2 over L shoulder, weight to L (8), (9:00)

Begin again!

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