

# Just Lay Low

**COPPER KNOB**  
BY SHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sue Smyth (UK) - January 2015  
音樂: Lay Low - Josh Turner



## Intro 32 counts

### Sec 1: □ CROSS HOLD AND CROSS SIDE, SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FWD

1-2            cross right over left, hold for 1 count  
&3-4          step L to L side, cross right over left, step left to left side  
5&6          step R behind left, make ¼ turn right stepping on left, step fwd on R ( 3 o'clock)  
7&8          step fwd on L, step R next to L, step fwd on L

### Sec 2: □ FULL TURN(WALK WALK), RIGHT SHUFFLE FWD, LEFT ROCK FWD, LEFT COASTER STEP

1-2            make ½ turn left stepping back on right, make ½ turn left stepping fwd on left, (alt walk fwd on R L)  
3&4          step fwd on right, step left beside right, step fwd on right  
5-6          rock fwd on left, rec on right  
7&8          step back on left, step right beside left, step fwd on left

**Restart 1: on wall 4 facing 6 o'clock,**

**Tag and 2nd Restart on wall 9 facing 9 o'clock**

### Sec 3: □ RIGHT ROCK FWD, SHUFFLE ½ TURN RIGHT, LEFT SIDE ROCK, LEFT SAILOR STEP

1-2            rock fwd on right, rec on left  
3&4          shuffle ½ turn right on R L R (9 o'clock)  
5-6          rock left to left side, rec on right  
7&8          step left behind right, step right to right side, step left to left

### Sec 4: □ RIGHT CROSS ROCK CHASSE TO RIGHT, LEFT CROSS ROCK CHASSE TO LEFT

1-2            cross rock right over left, rec on left  
3&4          step R to R side, close L beside R, step R to R side  
5-6          cross rock left over right, rec on right  
7&8          step left to left side, close right beside left, step left to left side.

**RESTART 1: ON WALL 4 AFTER COUNT 16 - SEC 2**

**TAG AND RESTART ON WALL 9 FACING 9 O'CLOCK AFTER COUNT 16 SEC 2.**

**TAG 1-4 rock fwd on right, rec on left, rock right to right side rec on left**

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