

Earned It

拍數: 96

牆數: 3

級數: Phrased Intermediate / Advanced
waltz



編舞者: Julia Wetzel (USA) - January 2015

音樂: Earned It - The Weeknd : (from Fifty Shades Of Grey - fade out at 3:45 recommended)

Intro: 24 counts (approx. 12 seconds into track, 3 counts before start of lyrics)

Sequence: ABB ABB ABB - (Try to travel towards 6:00 during Part A)

PART A: □ (Part A always starts at 12:00 and ends at 6:00) □

A[1 – 12] □ Step, Drag, ½ Basic, Back Basic, Step, ¼ Side, Behind □

- 1 2 3 Step R fw (1), Drag L to R over 2 counts (2-3) □ 12:00
4 5 6 Step L fw (4), ½ Turn left step R back (5), Step L back slightly past R (6) □ 6:00
1 2 3 Step R back (1), Step L next to R (2), Change weight to R (3) □ 6:00
4 5 6 Step L fw (4), Turn ¼ left step R to right side (5), Step L behind R (6) □ 3:00

A[13 – 24] □ Lunge, Hold, ¼ Back, ½, ¼ Side, Cross Rock, Side, Cross Rock, Side □

- 1 2 3 Lunge R to right side (1), Hold and sweep left arm across from left to right over 2 counts (2-3) □ 3:00
4 5 6 ¼ Turn right step back on L (4), ½ Turn right step R fw (5), ¼ Turn right step L to left side (6) □ 3:00
1 2 3 Rock R over L (1), Recover on L (2), Step R to right side (3) □ 3:00
4 5 6 Rock L over R (4), Recover on R (5), Step L to left side (6) □ 3:00

A[25 – 36] □ Cross, ¼, ¼, Step, Hold, Back, Full Turn, Step, Hold □

- 1 2 3 Cross rock R over L (1), ¼ Turn right step back on L (2), ¼ Turn right step R fw (3) □ 9:00
4 5 6 Step L fw and throw left arm up as if tossing confetti (4), Hold for 2 counts (5-6) □ 9:00
1 2 3 Step R back (1), ½ Turn left step L fw (2), ½ Turn left step R slightly back (3) □ 9:00
4 5 6 Step L fw (4), Hold for 2 counts (5-6) □ 9:00

A[37 – 48] □ Back, Full Turn, Twinkle, ¼ Twinkle, Spiral, Step □

- & 1 2 3 Recover on R (&), ½ Turn left step L fw (1), Continue another ½ Turn left on ball of L (total = full turn) while sweeping R all the way around (2-3) □ 9:00
4 5 6 Cross R over L (4), Step L to left side (5), Open body to right diag. and step R to right side (6) □ 9:00
1 2 3 Cross L over R (1), Step R to right side (2), ¼ Turn left step L fw (3) □ 6:00
4 5 6 Step R fw and spiral full turn left on R over 2 counts (4-5), Step L fw (6) □ 6:00

PART B: □ □

B[1 – 12] □ Fw Basic, Back Basic, Step, Step, ¼ Pivot, Cross, Point, Hold □

- 1 2 3 Step R fw (1), Step L next to R (2), Change weight to R (3) □ 6:00
4 5 6 Step L back (4), Step R next to L (5), Change weight to L (6) □ 6:00
1 2 3 Step R fw (1), Step L fw (2), Pivot ¼ Turn right step R to right side (3) □ 9:00
4 5 6 Cross L over R (4), Point R to right side (5), Hold (6) □ 9:00

B[13 – 24] □ ½ Sweep, Weave, ½ Sweep, Weave □

- 1 2 3 ¼ Turn right step fw on R (1), Continue another ¼ turn right sweep L from back to front over 2 counts (total = ½ turn) (2-3) □ 3:00
4 5 6 Cross L over R (4), Step R to right side (5), Step L behind R (6) □ 3:00
1 2 3 ¼ Turn right step fw on R (1), Continue another ¼ turn right sweep L from back to front over 2 counts (total = ½ turn) (2-3) □ 9:00
4 5 6 Cross L over R (4), Step R to right side (5), Step L behind R (6) □ 9:00

B[25 – 36] □ Side Rock, Behind, Side, Hold, Hip Sway/Roll, Side, Drag, 1¼ □

1 2 3 Rock R to right side (1), Recover on L (2), Step R behind L (3) □ 9:00

4 5 6 Strong step to left side with L (4), Hold for 2 counts (5-6) □ 9:00

& 1 2 3 Sway/Roll hip to right side (&), Step L to left side (1), Drag R to L over 2 counts (2-3) 9:00

4 5 6 ¼ Turn Right step R fw (4), ½ Turn right step L back (5), ½ Turn right step R fw (6) 12:00

B[37 – 48] □ Fw Basic, Back, Drag, Step, Point, Hold, 1¼, Step □

1 2 3 Step fw on L (1), Step R next to L (2), Change weight to L (3) □ 12:00

4 5 6 Step back on R (4), Drag L to R (5-6) □ 12:00

1 2 3 Step fw on L (1), Point R to right side (2), Hold (3) □ 12:00

4&5, 6 ¼ Turn right step R fw (4), ½ Turn right step L back (&), ½ Turn right step R fw (5), Step L fw (6) □ 3:00

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