

Hippie Chicken

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Steve Lustgraaf (USA) & Friends (INA) - January 2015
音樂: "Hippie Chicken Farm" by BO'Dell



Music available as CD on www.thebodellxperience.com
Update 1/24/2015: music should be on iTunes and CDBaby very soon!

Start dance on count 17 on vocals, 32 count intro

Part A (all 64 counts)

A1: Step, Lock, Step x2

1-4 Step forward R, step L behind R, Step forward R, hold (or scuff L)
5-8 Step forward L, step R behind L, Step forward L, hold (or scuff R)

A2: Jazz box, "Insane" Hip Roll

9-10 Cross R over L, step slightly back L
11-12 Step side R, cross L over R
13-14 Step forward R and hip roll ½ turn left, stepping L while waving both hands above head.
15-16 Step forward R and hip roll ½ turn left, stepping L while waving both hands above head.

You should end up back at the front wall with your weight on the left foot.

During the chorus, the words "going insane" are being sung here, so have fun with it and go "insane"

You can just step turn, step turn, as it happens quickly and getting hip rolls in is tricky.

A3: Toe, Heel, Triple Step x2 (A- starts here, on the first time through start here)

17-18 Touch R toe next to L, scuff R heel next to L
19&20 Step RLR in place
21-22 Touch L toe next to R, scuff L heel next to R
23&24 Step LRL in place

A4: Rocking Chair x2

25-28 Rock forward R, replace weight L, Rock back R, replace weight L
29-32 Rock forward R, replace weight L, Rock back R, replace weight L

A5: "Rooster Groove" Paddle Turn Left, Paddle Turn Right With Styling (aka Chugs)

33-36 Turning a total of ½ turn left, touch or push R three times weighting R on count 4

While going left, put left hand behind back, and leave right hand down at an angle to the right, also lean slightly left

37-40 Turning a total of ½ turn right, touch or push L three times weighting L on count 4

While going right, put right hand behind back, leave left hand down at an angle to the left, also lean slightly right

A6: Knee circles

41-42 R knee circle clockwise (2 cts)
43-44 L knee circle counterclockwise (2 cts)
45-46 R knee circle clockwise (1 ct), L knee circle CCW (1 ct)
47-48 Circle both knees twice

A7: Lindy R, Lindy L

49-52 Triple step right RLR, Rock L, replace R
53-56 Triple step left LRL, Rock R, replace L

A8: Syncopated Splits slow, then quick (Out and Ins)

&57-58 On the & count step slightly right on R, on count 1 step slightly left on L, hold count 2

&59-60 On the & count step in R, on count 1 step together L, hold count 2
&61&62&63&64 Out R, out L, in R, in L, out R, out L, in R, in L

Part B (Tag) Hip Bumps R,L,R,L

Part C Counts 1-16 of part A

Part D Counts 49-64 of part A

Sequence A-, B, A, A, B, A, C, A, B, A, B, D, B, D (slows down on about count 58, finish out and ins slowly)

There is still some slow music and a bit more after that, play around with an ending if you like.

Those in my classes will learn what we are doing. I know this looks complicated, but I feel it is easier to dance than to write!

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