Bounce With Me



編舞者: Agnethe Hansen (DK) - January 2015 音樂: Bounce With Me - Kreesha Turner



Intro: Start after 16 count on heavy beat

Walk – Walk – Rocking chair – Walk – Walk – Rocking chair			
	1 – 2	Walk forward on right foot, Walk forward on left foot	
	3& - 4&	Rock forward on right foot and recover on left, Rock back on right foot and recover on left	
	5 – 6	Walk forward on right foot, Walk forward on left foot	
	7& - 8&	Rock forward on right foot and recover on left, Rock back on right foot and recover on left	

Side – Cross – Chasse – Cross Rock – ¼ turn left shuffle				
1 – 2	Step right to right side, Cross left over right			
3 & 4	Step right foot to right side, Close left foot beside right foot, Step right foot to right side			
5 – 6	Cross Rock forward on right foot and recover on left			
7 & 8	1/4 turn left stepping left foot forward, close right foot beside and step left foot forward			

Charleston steps

1 – 2	Sweep right food in front and tap right toe forward, Sweep right foot back in place
3 – 4	Sweep left foot bag and tap left toe bag, Sweep left foot forward in place
5 – 6	Sweep right food in front and tap right toe forward, Sweep right foot back in place
7 – 8	Sweep left foot bag and tap left toe bag. Sweep left foot forward in place

Step diagonally forward – Bounce x 2 – 1/4 Turn Step left – Bounce x 2

1 – 2	Step slightly diagonally forward on right, step left beside right
3 – 4	Bounce both heels twice (weight on right)
5 – 6	1/4 turn step to left side, step right beside left (6.00)
7 – 8	Bounce both heels twice (weight on left)

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