

Nobody's Business

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Willie Brown (SCO) - January 2015
音樂: Nobody's Business - Sheryl Crow : (Album: Feels like Home)



Intro; 32 counts – just before the vocals – 20 secs approx □

Section 1: □ Cross rock, recover, chasse, cross rock, recover, chasse ¼ turn

1,2 Rock Right over Left, recover weight back on Left
3&4 Step Right to Right side, close Left □ beside □ Right, step Right to Right side
5,6 Rock Left over Right, recover weight back on Right
7&8 Step Left to Left side, close Right beside Left, turn ¼ Left and step forward on Left [9]

Section 2: □ ½ pivot, shuffle forward, full turn (or walk, walk), shuffle forward

1,2 Step forward on Right, turn ½ Left taking weight on Left [3]
3&4 Step forward on Right, close □ Left beside Right, step forward on Right
5,6 Turn ½ Right and step back on Left, turn ½ Right and step forward on Right

(easier option for 5,6 – walk forward Left, Right)

7&8 Step forward □ on Left, close Right beside Left, step forward on Left

Section 3: □ Rock forward, recover, coaster step, heel grind ¼ turn, recover, coaster step

1,2 Rock forward on Right, recover weight back on Left
3&4 Step back on Right, close Left beside Right, step forward on Right
5,6 Step forward on Left heel, turn ¼ Left and recover weight back on Right
7&8 Step back on Left, close Right beside Left, step forward on Left □ [12]

Section 4: □ Jazz box with touch, vine (or full rolling turn) with touch

1,2 Cross Right over Left, step back on Left
3,4 Step Right to Right side, touch Left toe beside Right
5,6 Step Left to Left side, cross Right behind Left
7,8 Step Left to Left side, touch Right toe beside Left

(harder option for 5,6,7 – full turn over Left stepping Left, Right, Left – then touch)

Section 5: □ Toe, hold, & toe, hold, & heel & heel & ½ pivot

1,2& Touch Right toe to Right side, hold 1 count, quickly step Right beside Left
3,4& Point Left toe to Left side, hold 1 count, quickly step Left beside Right
5&6 Touch Right heel forward, quickly step Right beside Left, touch Left heel forward
&7,8 Quickly step Left beside Right, step forward on Right, turn ½ Left take weight on Left [6]

*****Restart here during wall 4, facing 9 o'clock**

Section 6: □ Toe, hold, & toe, hold, & heel & heel & ¼ pivot

1,2& Touch Right toe to Right side, hold 1 count, quickly step Right beside Left
3,4& Point Left toe to Left side, hold 1 count, quickly step Left beside Right
5&6 Touch Right heel forward, quickly step Right beside Left, touch Left heel forward
&7,8 Quickly step Left beside Right, step forward on Right, turn ¼ Left take weight on Left [3]

Section 7: □ Cross shuffle, chasse, back rock, recover, ¼ turn, ¼ turn

1&2 Cross Right over Left, step Left to Left, cross Right over Left
3&4 Step Left to Left side, close Right beside Left, step Left to Left
5,6 Rock back on Right, recover weight forward on Left
7,8 Turn ¼ Left and step back on Right, turn ¼ Left and step Left to Left side [9]

Section 8: □ Cross shuffle, chasse, sailor step, sailor step

1&2 Cross Right over Left, step Left to Left, cross Right over Left
3&4 Step Left to Left side, close Right beside Left, step Left to Left
5&6 Cross Right behind Left, step Left to Left side, step Right to Right side
7&8 Cross Left behind Right, step Right to Right side, step Left to Left side

...START AGAIN

Restart; During wall 4 after end of section 5 (count 40) – restart facing 9 o'clock

Ending; At the end of wall 6 change the very last 2 counts (7&8) to 'Left sailor step with ¼ Left' to finish at the front. Ta da!! :)

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