

Boots

拍數: 64 牆數: 2 級數: Improver
編舞者: Linda McCabe - January 2015
音樂: Boots - Lainey West : (CD: On A Roll)



You can purchase the cd from Lainey West 0161 653 2674/07580352898 email
raphael.angel@btinternet.com

Section 1: Side rock, cross, side, heel hold & heel hold

1 - 2 Rock right out to side, recover onto left
3 - 4 Cross right over left, step left to side
5 - 6 Tap right heel forward on right diagonal, hold
&7 - 8 Step down onto right, tap left heel forward on left diagonal, hold

Section 2: Cross back ¼ turn right walk, rock forward, shuffle ½ turn right

& 1 - 2 Step down onto left, cross right over left, step back onto left
3 - 4 ¼ turn right stepping forward onto right, walk forward onto left
5 - 6 Rock forward onto right, recover back onto left
7 & 8 Shuffle ½ turn right, stepping R L R

Section 3: Side rock, cross, side, heel hold & heel hold

1 - 2 Rock left out to side, recover onto right
3 - 4 Cross left over right, step right to side
5 - 6 Tap left heel forward on left diagonal, hold
& 7 - 8 Step down onto left, tap right heel forward on right diagonal, hold

Section 4: Right vine ¼ turn rock forward, shuffle ½ turn

& 1 - 2 Step down onto right, cross left over right, step right to side
3 - 4 Cross left behind right, ¼ turn right stepping forward onto right
5 - 6 Rock forward on left, recover back on right
7 & 8 Shuffle ½ turn left, stepping L R L

Section 5: Monterey ¼ turn, modified monterey ¼ turn

1 - 2 Point right to right side, turn ¼ right stepping right beside left
3 - 4 point left to side, step left beside right
5 - 6 Point right to right side, ¼ turn right stepping right beside left
7 - 8 Rock left to side, recover onto right

Section 6: Vine right ¼ turn, Step ½ turn, kick ball step

1 - 2 Cross left over right, step right to side
3 - 4 Cross left behind right, turn ¼ turn right stepping right forward
5 - 6 Step forward on left, turn ½ turn right (weight on right)
7 & 8 Kick left foot forward, step down on left, step right forward

Section 7: Step forward, kick ball step, step forward, kick ball step, rock forward

1 - 2 & 3 Step forward on left, kick right forward, step down on right, step left forward
4 - 5 & 6 Step forward on right, kick left forward, step down on left, step right forward
7 - 8 Rock forward onto left, recover back onto right

Section 8: Coaster step, rock recover, ¼ coaster step, side touch

1 & 2 Step back onto left, step right beside left, step left forward
3 - 4 Rock forward right, recover back onto left
5 & 6 Step back right, step left beside right, ¼ turn left stepping forward right

7 - 8 Step left to side, touch right beside left

Tag: Danced at the end of walls 1 & 2

1 - 2 Tap right heel forward on right diagonal, step right beside left

3 - 4 Tap left heel forward on left diagonal, step left beside right

Contact: lmccabe57@msn.com
