

Homegrown Honey

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Todd Ayotte - January 2015
音樂: Homegrown Honey - Darius Rucker



#64-Count intro – Start with your weight on your Left foot

Toe/Heel Rock x 4, Left Foot Hitch; Left Coaster Step, Right Triple Forward

1&2&3&4 Tap Right toe behind (1), transfer weight to Right foot (&), Left heel forward (2), transfer weight to Left foot (&), Right toe behind (3); transfer weight to Right foot (&), Left heel forward (4); finish with your weight on your Right foot.

5&5&6 Left foot Hitch, Coaster Step LRL

7&8 Right Triple Step Forward

Rock Step Left forward/recover, Turning Sailor Step (1/4 turn to the left); Rock Step Right forward/recover ¼ turn, Right Triple Step Side, Lift

1,2 Rock Step Left, recover on Right

3&4 Turning Sailor Step Left, ¼ turn to the left

5,6 Rock Step forward Right, recover left turning ¼ to the left on recovery (transfer weight to your Left foot)

7&8 Right Triple Step side, finish with weight on Right foot with your left leg lifting off the ground to the side

Rock Step Right forward across/recover, Left Triple Step Side; Rock Step Left forward across/recover, Right Triple Step Side

1,2 Rock Step Left crossing in front of the Right foot diagonally, Recover

3&4 Left Triple Step Side *

5,6 Rock Step Right crossing in front of the Left foot diagonally, Recover

7&8 Right Triple Step Side

Rock Step Right forward across/recover, ¼ turn left, ½ turn left; Left coaster step, Right stomp, swivel heels Right/Left

1,2 Rock Step Left crossing in front of the Right foot, Recover

3,4 ¼ turn to your Left stepping forward on your Left foot; ½ turn to your Left stepping back on your Right foot

5&6 Left coaster step LRL

7&8 On count 7 bring your Right foot beside your Left foot and Stomp (your weight should be evenly distributed) bend your knees slightly and lift weight onto the balls of your feet; keeping feet together move your heels to the right and left (&8)

NOTE: *Restart happens once only on wall 4 after count 20

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