

Shaggy Sailor

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Ann Ehmann (USA) - January 2015
音樂: Hotel Happiness - Rickey Godfrey : (CD: Once In a Lifetime Love)



Intro - 32 counts

Try it to some of your favorite Shag/East Coast Swing tunes!

[1-8] □ WALK FORWARD RIGHT, LEFT, STEP TURN 1/4 LEFT, RIGHT SAILOR, □ LEFT SAILOR

1-2 Walk forward right, left
3-4 Step forward right, 1/4 turn to left shifting weight to left □ (9:00)
5&6 Step right behind left, step left to side, step right to side
7&8 Step left behind right, step right to side, step left to side

[9-16] □ WEAVE LEFT, TOUCH OUT, IN, OUT, IN

1-4 Step right behind left, step left to side, step right across left, step left beside right
5-8 Touch right out to side, touch right beside left, touch right out to side, touch right beside left

[17-24] □ FORWARD ROCK, RECOVER, RIGHT 1/4 TURN SAILOR, FORWARD ROCK, RECOVER, LEFT 1/4 TURN SAILOR

1-2 Rock forward right, recover left
3&4 Sweep right behind left turning 1/4 right, step left to side, step right next to left (12:00)
5-6 Rock forward left, recover right
7&8 Sweep left behind right turning 1/4 left, step right to side, step left next to right (9:00)

[25-32] □ POINT STEPS FORWARD (4X)

1-2 Point right to side, step right forward
3-4 Point left to side, step left forward
5-6 Point right to side, step right forward
7-8 Point left to side, step left forward

Note: Feel free to put as much hip action as you like into these 8 counts

START AGAIN

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